Assessment Report on
Physical, Geophysical and Diamond Drilling Work

Performed on the CHONA Group of Claims

Located in the Omineca Mining Division

NTS: 93-N-1, 93-N-8
BCGS: 093N.020, 093N.029, 093N.030, 093N.039, 093N.040, 093O.011

Centred at approximately
55° 13’ 19” N. Latitude
124° 07’ 02” W. Longitude
UTM Zone 10 NAD 83
6,120,075 mN
428,884 mE

Owner: Amarc Resources Ltd.
Operator: Amarc Resources Ltd.

Tenure Numbers:
414760, 414762, 414765, 414766, 414769, 414770, 414775, 415035, 415036, 415039, 415339 to 415341, 415345, 415349, 415350, 415455 to 416460, 416463 to 416476, 416509, 416510, 501075, 501079, 501084, 516385, 516389, 516392, 516407 and 516438

Author:
David Yeager, P.Geo.

January 6, 2006

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Acknowledgement

The author acknowledges the contributions of Gwendolen Ditson, P.Geo., for the compilation of the data and drawings used in this report and of Richard Haslinger, P.Eng., for the management of the diamond drilling and the logging of the drill core.

SUMMARY

The Chona property, owned by Amarc Resources Ltd., is located in central British Columbia in the Omineca Mining Division at approximately 86 kilometres north of Fort St. James, B.C. on NTS maps 93-N-1 and 93-N-8. The property is accessible via gravel, all-weather, resource access roads from Fort St. James.

The Chona property lies within Quesnel Terrane, interpreted as an island arc assemblage of Late Paleozoic to Mesozoic age that was tectonically juxtaposed against the ancestral North American continental margin. Quesnel Terrane in the project area includes volcanic and sedimentary rocks of the Upper Triassic Takla Group, Lower Jurassic Chuchi Lake Succession and Early Jurassic intrusions.

Work reported on includes:

- 248.165 kilometres of line cutting and magnetometer surveys commencing after October 30, 2004 and concluding by September 30, 2005, and
- 96 metres of diamond drilling commencing after October 1, 2005 and concluding by October 15, 2005 under Mine Permit Number 04-1300171-1215.

Amarc Resources Ltd. was the operator of the work program. The work was intended to assess the porphyry copper-gold potential of the property.

The magnetometer surveys identified a number of areas of anomalously high, total field magnetic responses.

The drilling encountered weakly pyritic eastern Inzana Lake succession rocks comprising interbedded siltites, argillites and calcareous argillites/limestones.

High contrast magnetic anomalies were detected in the project area; however, the drilling did not encounter significant economic mineralization. It is recommended that Amarc Resources Ltd. do no further work near the area of the drill hole.

LOCATION AND ACCESS

The Chona property is located in central British Columbia in the Omineca Mining Division and occupies portions of NTS maps 93-N-1 and 93-N-8 or BCGS maps 093N.020, 093N.029, 093N.030, 093N.039, 093N.040 and 093O.011. The approximate centre of the claim group is located 86 kilometres north of Fort St. James at 55° 13' 19" North Latitude, 124° 07'02" West Longitude, or in UTM Zone 10 (NAD 83) at 6,120,075 mN, 428,884 mE as shown in Figure 1.

The property lies in the Nation River drainage, and can be accessed from Fort St. James via the North Germansen Road, which traverses the northern portion of the property, and is maintained on a year-round basis. Access to much of the property is possible on foot from secondary logging roads branching off the North Germansen Road. These secondary logging roads are not maintained. The work described in this report was in part supported by helicopter, provided by Interior Helicopters Ltd. of Fort St. James.

The portion of the work described in this report that was performed before February 19, 2005 was based out of Amarc Resources Ltd.'s Chona camp, located on a right turn-off approximately 1km east on the S4000 road which turns off the North Germansen Road at approximately Kilometre 110. After February 19, 2005 the work was based out of Amarc's Chica camp, located 500m east of Kilometre 74 on the North Germansen Road.

PHYSIOGRAPHY AND CLIMATE

The Chona property is underlain by an area of low, rolling hills ranging from 840m to 1,500m in elevation. The area is thickly forested with lodgepole pine, spruce and patches of aspen. Cold winters and dry warm summers are common. Average temperatures in Fort St. James are 18.2° C in summer and -11.3° in winter, with annual rainfall and snowfall averaging 29.1 and 205 cm respectively (B.C. Ministry of Forests Public

Website). Adequate sources of water for drilling can be obtained from small lakes, streams and marshy areas on the property.

LIST OF CLAIMS

Amarc Resources Ltd. is the 100% owner of the claims and was the operator of the programs described in this report. Tenure locations are shown on Figure 2.

The following table lists the claims on which the work programs were done.

Table 1: Claims on Which Work Was Done

Tenure Number	Area (ha)	Record/Registration Date	Type of Work
414760	500.000	2004/OCT/11	Line cutting, mag. survey
414762	500.000	2004/OCT/11	Line cutting, mag. survey
414765	500.000	2004/OCT/15	Line cutting, mag. survey
414766	500.000	2004/OCT/15	Line cutting, mag. survey
414769	500.000	2004/OCT/15	Line cutting, mag. survey
414770	500.000	2004/OCT/15	Line cutting, mag. survey
414775	500.000	2004/OCT/15	Line cutting, mag. survey
415035	500.000	2004/OCT/12	Line cutting, mag. survey
415036	500.000	2004/OCT/12	Line cutting, mag. survey
415039	500.000	2004/OCT/17	Line cutting, mag. survey
415339	500.000	2004/OCT/25	Line cutting, mag. survey
415340	500.000	2004/OCT/19	Line cutting, mag. survey
415341	500.000	2004/OCT/19	Line cutting, mag. survey
415345	500.000	2004/OCT/25	Line cutting, mag. survey
415349	500.000	2004/OCT/22	Line cutting, mag. survey
415350	500.000	2004/OCT/23	Line cutting, mag. survey
416460	500.000	2004/NOV/28	Line cutting, mag. survey
501075	386.448	2005/JAN/12	Line cutting, mag. survey
501079	459.994	2005/JAN/12	Line cutting, mag. survey
501084	459.993	2005/JAN/12	Line cutting, mag. survey, drilling
516385**	1712.198	2004/OCT/23	Line cutting, mag. survey
516389**	1197.617	2004/OCT/25	Line cutting, mag. survey
516392**	1217.125	2004/OCT/10	Line cutting, mag. survey
516407**	1308.573	2004/OCT/17	Line cutting, mag. survey
516438**	1108.045	2004/OCT/15	Line cutting, mag. survey

**Converted from legacy tenures recorded in 2004, month and day of legacy record shown

The following table lists the claims to which work has been applied.

Table 2: Claims to Which Work Was Applied

Tenure Number	Area (ha)	Record/Registration Date	Expiry Date*
414760	500.000	2004/OCT/11	2006/OCT/11
414762	500.000	2004/OCT/11	2006/OCT/11
414765	500.000	2004/OCT/15	2006/OCT/15
414766	500.000	2004/OCT/15	2006/OCT/15
414769	500.000	2004/OCT/15	2006/OCT/15
414770	500.000	2004/OCT/15	2006/OCT/15
414775	500.000	2004/OCT/15	2006/OCT/15
415035	500.000	2004/OCT/12	2006/OCT/12
415036	500.000	2004/OCT/12	2006/OCT/12
415039	500.000	2004/OCT/17	2006/OCT/17
415339	500.000	2004/OCT/25	2006/OCT/25
415340	500.000	2004/OCT/19	2006/OCT/19
415341	500.000	2004/OCT/19	2006/OCT/19
415345	500.000	2004/OCT/25	2006/OCT/25
415349	500.000	2004/OCT/22	2006/OCT/22
415350	500.000	2004/OCT/23	2006/OCT/23
415455	500.000	2004/NOV/29	2006/NOV/29
416456	500.000	2004/NOV/29	2006/NOV/29
416457	500.000	2004/NOV/29	2006/NOV/29
416458	500.000	2004/NOV/29	2006/NOV/29
416459	500.000	2004/NOV/28	2006/NOV/28
416460	500.000	2004/NOV/28	2006/NOV/28
416463	500.000	2004/NOV/30	2006/NOV/30
416464	500.000	2004/NOV/30	2006/NOV/30
416465	500.000	2004/NOV/30	2006/NOV/30
416466	375.000	2004/NOV/30	2006/NOV/30
416467	25.000	2004/NOV/30	2006/NOV/30
416468	25.000	2004/NOV/30	2006/NOV/30
416469	25.000	2004/NOV/30	2006/NOV/30
416470	25.000	2004/NOV/30	2006/NOV/30
416471	25.000	2004/NOV/30	2006/NOV/30
416472	25.000	2004/NOV/30	2006/NOV/30
416473	25.000	2004/NOV/30	2006/NOV/30
416474	25.000	2004/NOV/30	2006/NOV/30
416475	25.000	2004/NOV/30	2006/NOV/30
416476	25.000	2004/NOV/30	2006/NOV/30
416509	25.000	2004/NOV/29	2006/NOV/29
416510	25.000	2004/NOV/30	2006/NOV/30

Tenure Number	Area (ha)	Record/Registration Date	Expiry Date*
501075	386.448	2005/JAN/12	2007/JAN/12
501079	459.994	2005/JAN/12	2007/JAN/12
501084	459.993	2005/JAN/12	2007/JAN/12
516385	1712.198	2005/JUL/08	2006/OCT/23
516389	1197.617	2005/JUL/08	2006/OCT/25
516392	1217.125	2005/JUL/08	2006/OCT/10
516407	1308.573	2005/JUL/08	2006/OCT/17
516438	1108.045	2005/JUL/08	2006/OCT/15

*Pending acceptance of this assessment report

EXPLORATION HISTORY

The Chona property was explored for its porphyry gold-copper potential. The property adjoins the Mt. Milligan property of Placer Dome Inc. (to the southeast of tenure number 416456) which has a reported measured and indicated mineral resource of 408 million tonnes containing 0.18% copper and 0.4 g/t gold (Placer Dome 2003 Annual Report).

The earliest reported work within the boundaries of the present Chona property was the subject of Assessment Report # 13891 (Hoffman, Meyers 1985) and an associated report, Assessment Report # 13508 (Humphries 1985), on the historical Phil claims for operator BP Resources Canada. This work occurred on the present mineral tenure number 416466. Weak geochemical results were reported, as well as Upper Triassic-Lower Jurassic Takla Group andesitic volcanic and pyroclastic rocks with intercalated sedimentary rocks comprising black argillite, greywacke and siltstone. The volcanic and sedimentary rocks were intruded by andesite and diorite. Minfile Report # 093N 190 describes a showing of disseminated pyrite and chalcopyrite in Early Jurassic monzodiorite of the Mount Milligan Intrusive Complex located at the southern boundary of tenure number 416466.

Work was reported on the present mineral tenure number 416458 in Assessment Reports # 19921 (Wong 1990) and # 21078 (Barnes 1991) on the historical Heidi property for BP Resources Canada. Airborne electromagnetic and ground magnetic surveys were followed by diamond drill testing with ten holes in 1990. The drill program encountered

no economically significant values. Minfile Report # 093N 123 refers to this prospect. The prospect area is underlain by Upper Triassic-Lower Jurassic Takla Group pyroclastics and volcaniclastics with minor intrusions of monzodiorite to syenomonzonite dykes and sills. Takla stratigraphy comprises calcareous and carbonaceous argillites (locally graphitic and locally pyritic), interbedded calcareous feldspar crystal ash latite tuffs and multilithic latite lapilli tuff-breccias.

Work was reported on the common boundary of the present mineral tenure numbers 415341 and 415345 in Assessment Report # 20859 (Hoffman, Cruikshank 1990) on the historical Mill property of Hixon Gold Resources Ltd. The operator was Golden Rule Resources Ltd. Work comprised geologic mapping, a soil and silt geochemical survey, an airborne electromagnetic survey and an airborne magnetic survey. The limited amount of outcrop found comprised andesitic to basaltic flows and lesser volcaniclastic rocks and sedimentary rocks of the Upper Triassic-Lower Jurassic Takla Group.

Work was reported on the northern boundary of the present mineral tenure number 416463 in Assessment Report # 22010 (Leriche 1991) on the historical Superior property belonging to BGM Diversified Energy. Work comprised geologic mapping, soil sampling, an airborne electromagnetic survey and a ground magnetic survey. The limited amount of outcrop found comprised a green porphyritic andesite belonging to the Upper Triassic-Lower Jurassic Takla Group.

Work was also reported just west of the common corner of present mineral tenure numbers 414769 and 414775 in Assessment Report # 22250 (Staargaard 1991) on the historical Mine property belonging to D.B. Forster and United Mineral Services Ltd. The operator was Sanfred Resources Ltd. The work comprised a combined airborne electromagnetic and magnetic survey.

Minfile Report # 093N 123 describes a prospect located near the centre of present mineral tenure number 516438. The prospect comprises a single rock sample containing

disseminated pyrite, magnetite and traces of chalcopyrite taken from Early Jurassic porphyritic monzonite of the Mount Milligan Intrusive Complex.

REGIONAL AND LOCAL GEOLOGY

The Chona property lies within Quesnel Terrane, interpreted as an island arc assemblage of Late Paleozoic to Mesozoic age that was tectonically juxtaposed against the ancestral North American continental margin (Massey et al., 2005. Fig. 2). Quesnel Terrane in the project area includes volcanic and sedimentary rocks of the Upper Triassic Takla Group, Lower Jurassic Chuchi Lake Succession and Early Jurassic intrusions. In the Nation Lakes area, the Upper Triassic Takla Group consists of two subunits, the Inzana Lake and Witch Lake successions. Each unit shows considerable internal variability and interfingering relationships are common. The following description of the regional geology is summarized from Nelson and Bellefontaine, 1996.

Inzana Lake Succession

The Inzana Lake Succession is a mixed unit of fine to coarse epiclastic to pyroclastic material and black argillite, with minor sedimentary breccia and coarse pyroclastic lenses. There is an upward progression from epiclastic to volcanic rocks. This unit stratigraphically underlies the main augite-porphyry volcanic unit, the Witch Lake Succession, but also interfingers with it.

Witch Lake Succession

The augite porphyry suite that dominates the Witch Lake Succession is typical of explosive intermediate volcanism. It includes all gradations from flows and probable hypabyssal intrusions to coarse volcanic breccias and agglomerates, lapilli and crystal-rich tuffs and thinly bedded, subaqueous epiclastic sandstones and siltstones. The succession exceeds 5,000 metres in thickness and is dominated by coarse agglomerates that are compositionally basalts and basaltic andesites.

Chuchi Lake Succession

The Chuchi Lake Succession is compositionally and texturally heterogeneous with predominant feldspar-phyric volcanic lithologies. The succession includes heterolithic volcanic agglomerates and lapilli tuffs, plagioclase and plagioclase + augite-phyric basalts and trachytes. Internal facies variations from flow to fragmental occur within individual eruptive units. Local flow packages show consistent rock texture and phenocryst shape. They grade laterally into heterolithic agglomerates and lahars which represent much broader textural and compositional parentage. A sedimentary marker horizon 20 kilometres long dips moderately south and extends northwesterly through much of the region. Sedimentary units include brown-weathering sandstone, siltstone, dark grey shale and variable amounts of cherty, pale green dust tuff. Sedimentary rocks are overlain by heterolithic agglomerates with plagioclase + augite, augite + plagioclase, plagioclase + acicular hornblende porphyry clasts and locally altered and pyritized monzonite fragments. These rocks are indistinguishable from heterolithic agglomerate below the sediments. The total thickness of the Chuchi Lake Succession north of Chuchi Lake is about 1,650 metres.

Intrusive Units

Intrusions ranging in size from one metre wide dikes to composite bodies of more than 10 square kilometres in extent, are scattered throughout Takla Group and Lower Jurassic volcanic units. A major concentration of intrusions extends southeasterly from the Hogem batholith. Most of these intrusions are considered to be feeders to the intermediate extrusive accumulations of the Chuchi Lake Succession (Nelson and Bellefontaine, 1996).

The most characteristic feature of Early Jurassic intrusions is their extreme variability in composition, texture and size. Monzonite and monzodiorite are the predominant compositions. Many bodies are hypabyssal and porphyritic. Textures range from sparsely porphyritic with large phenocrysts to “crowded porphyries”, a texture that has been linked to alkalic-suite porphyry copper-gold systems throughout British Columbia. (V.A. Preto, personal communication, 1990). In a typical crowded porphyritic monzonite, small

blocky plagioclase phenocrysts, typically 1 to 2 millimetres in length, with lesser hornblende, biotite, and/or augite, touch each other in a fine grained matrix of plagioclase, potassium feldspar, mafic and oxide minerals. Crowded porphyritic monzonites with potassic and propylitic alteration zones occur at Mt. Milligan and at Chuchi, the most significant porphyry copper-gold deposits in the Nation Lakes district.

GEOPHYSICS

Ground magnetometer surveys were performed over the property to identify zones of potential porphyry copper mineralization. 248.165 kilometres of line were cut by Sabrex Contracting Ltd. of Quesnel, B.C., Tootikoh Contracting of Fort St. James, B.C., and Camsell Lake Forestry Services of Fort St. James, B.C. to facilitate the magnetometer survey (Fig. 3), and a total of 248.165 line-kilometres were surveyed. Underbrush on the lines was generally cleared to 0.75m in width, suitable for the performance of magnetometer and induced polarization surveys. The magnetometer survey was performed by Peter E. Walcott and Associates Ltd. of Coquitlam, B.C. and Scott Geophysics Ltd. of Vancouver, B.C. Maps of the total field magnetics are included as Figures 4a to 4f.

Geophysical lines were generally spaced 400 m apart with stations separated by 25 m. The survey performed on tenure number 416460 was based on lines spaced at 250 m and stations separated by 25 m and the survey performed on the southern half of tenure number 414770 was based on lines spaced 125 m apart and stations separated by 25 m.

The geophysical system consists of 2 ENVI total field proton precession magnetometers manufactured by Scintrex Limited, Toronto, Canada. The system is completely software controlled. The field magnetometer measures and stores in memory, via the keypad, the time, the location and the value of the earth’s total magnetic field at each station. The base station magnetometer automatically measures and stores in memory, the daily fluctuations of the earth’s total magnetic field. At the end of each survey day, the 2 sets

of data are merged and downloaded to a field computer. The field data is automatically corrected, via software, for diurnal variations recorded by the base station.

A compilation map of the entire survey is shown on Figure 5. The survey identified 4 areas of large, anomalously high, total field magnetic response (greater then 2 km in one dimension, greater then 57,507.3 nanoTeslas in intensity). Smaller anomalies are generally associated with the larger ones, and together they form northwesterly trending belts. In addition, smaller isolated anomalies occur singly or as clusters; and weaker moderate intensity anomalies also occur singly or as clusters.

DIAMOND DRILLING

One NQ diameter diamond drill hole, Chica 5010, was drilled on mineral tenure number 501084 to test for porphyry copper-gold mineralization. The location of the drill hole is shown in Figure 6 and a cross section containing a projection of the drill hole is shown on Figure 7; drill hole details are presented in Table 3. The hole was drilled by Hy-Tech Drilling of Smithers B.C. The drill log is presented in Appendix D.

Table 3: Drill Hole Data

Drill hole I.D.	UTM (N)	UTM (E)	Total Depth (m)	Casing Depth (m)	Number of Samples	Date Completed
Chona 5010	6131167	425896	96	21	15	Oct 7/05

In total, 15 drill core samples from drill hole Chona 5010 were analyzed by ALS Chemex Laboratory in North Vancouver, B.C. Certificates of analysis are presented in Appendix F and analytical procedures are presented in Appendix G.

The drill hole encountered weakly pyritic eastern Inzana Lake succession rocks comprising interbedded siltites, argillites and calcareous argillites/limestones.

Core from drill hole Chona 5010 was transported to the core storage facility at the Gibraltar mine site at McLeese Lake, B.C.

CONCLUSIONS

1. Large, high contrast magnetic anomalies were detected on the following tenures:
   - 516385, 415349, 415345;
   - 516389, 414760, 415340, 415339;
   - 415036;
   - 415341.
2. Drill hole Chona 5010 did not encounter significant economic mineralization.
3. No further work by Amarc Resources Ltd. is recommended on tenure number 501084.

Respectfully submitted,

Signed: ***"D. A. Yeager"***
David A. Yeager, P.Geo.
January 6, 2006

Appendix A

List of References

British Columbia Ministry of Forests, Public Website. January 4, 2006. http://www.for.gov.bc.ca/dja/page1.htm

British Columbia Ministry of Energy, Mines and Petroleum Resources, Public Website. January 4, 2006. http://webmap.em.gov.bc.ca/mapplace/minpot/ex_assist.cfm

Massey, N.W.D., MacIntyre, D.G. Desjardins, P.J. and Cooney, R.T., 2005: Digital Geology Map of British Columbia. Open File Map 2005-2

Nelson, J.L. and Bellefontaine, K.A., 1996: The Geology and Mineral Deposits of North-Central Quesnellia; Tezzeron Lake to Discovery Creek, Central British Columbia; Bulletin 99, Issued by Geological Survey Branch

Nelson, J.L. and Bellefontaine, K.A., Green, K., and McLean M., 1991: Regional Geological Mapping Near the Mount Milligan Copper-Gold Deposit (93K/16, 93M/1); *in* Geological Fieldwork 1990, Paper 1991-1

Placer Dome Inc., 2004: 2003 Annual Report.

Appendix B

Statement of Author's Qualifications

I, David A. Yeager, do hereby state:

1. That I am the Corporate Co-ordinator of Amarc Resources Ltd., with offices located at 1020 – 800 West Pender Street, Vancouver, B.C.
2. That I am a member of the Association of Professional Engineers and Geoscientists of the Province of British Columbia.
3. That I am a graduate of the University of British Columbia (B.Sc., 1972) and have been employed as an exploration and mining geologist since that time.
4. That my experience has given me considerable knowledge in geological, geochemical and geophysical prospecting techniques as well as in the planning, execution and evaluation of exploration drilling programs.
5. That the program described in this report was performed under my supervision.
6. That the accompanying Statement of Costs is an accurate statement of expenditures on the project.

Signed on the 6th day of January, 2006.

Signed: ***"D.A. Yeager"***
David A. Yeager, P.Geo.

Appendix C

Statement of Costs

Line Cutting and Magnetometer Survey (October 30, 2004 to September 30, 2005)

Line Cutting			
SabreX Contracting:	Nov. 1/04 to Nov. 30/04	374 man-days	128,100.15
Camsell Lake:	Jun. 29/05 to Jul. 22/05	54 man-days	17,065.00
Tootikoh Contracting:	Jul. 14/05 to Aug. 13/05	81 man-days	24,825.00
Magnetometer Survey			
248.165 line-km @ $150/line-km			37,224.75
Helicopter Support			
16.4 hours @ $934.81/hour			15,330.88
Camp Support			
509 man-days @ $100/man-day			50,900.00
		TOTAL:	**$273,445.78**

Diamond Drilling: DDH CHONA 5010 (October 1 to 15, 2005)

Pad Builders			
4 man-days @ $335/man-day			1,340.00
Drill Contractor			
Hy-Tech Drilling:	Oct. 5/05 to Oct. 8/05	96m	11,307.00
Helicopter Support			
16.5 hours @ $974.61/hour			16,081.07
Geologic Personnel			
Geologist:	1 man-day @ $620/man-day		620.00
Core Splitter:	1 man-day @ $250/man-day		250.00
Camp Support			
24 man-days @ $100/man-day			2,400.00
Assays			
15 samples @ $24.12/sample			361.80
		TOTAL:	**$32,359.87**

Appendix D
Drill Log

Amarc Resources Ltd. *Chona Project*

HUNTER DICKINSON INC. Responsible Mineral Development

GEOLOGY LOG

Hole ID **Chona_DDH_5010**

GEOLOGIC CODES

Lithocode

IBG	biotite granodiorite batholithe
IDd	equigranular diorite dykes
IHd	701 and similiar porphyry dykes
IHP	hornblende quartz diorite pluton
ILd	lamprophyre dykes
IPd	pegmatite/aplite dykes
ob	quaternary overburden
VA	agglomerate
VF	fragmental felsic tuff
VM	equigranular to porphyritic mafic tuff/flow
VS	thin-bedded volcanic sedimentary rocks; mostly shale
VTe	non-fragmental felsic tuff; equigranular
VTp	non-fragmental felsic tuff; porphyritic
VU	undifferentiated tuffs; usually due to alteration
Z	fault

Zone

O	Oxide
S	Supergene
H	Hypogene

Alteration (#) and Vein (*) Minerals

a	actinolite	**m**	magnetite
n	andalusite	**p**	pyrite
b	biotite	**o**	phyrrhotite
c	calcite	**q**	quartz
d	carbonate	**s**	sericite
l	chlorite	**z**	sphalerite
y	clay	**t**	tourmaline
e	epidote		
g	garnet		
l	chlorite		
h	hematite		
k	K-feldspar		

Grain Size (^) Igneous Rocks

a	aphanitic	<0.05 mm
v	very fine	0.05-0.2 mm
f	fine	0.2-0.5 mm
m	medium	0.5-2 mm
c	coarse	2-5 mm

Fragment Size (^) Sedimentary Rocks

p	pebble	0.5-2 cm
j	cobble	2-10 cm
k	boulder	>10 cm

Texture

b	bedded, banded (mainly finely)
u	top indicators show facing direction up
x	brecciated (early; i.e. not faults)
$	phenocryst (in notes only)

Contact

A	unit gradational to next unit
A/B	unit intermediate between A and B
Y\W	unit grades from Y to W dowm hole

Phenocryst Suffixes

p	plagioclase	**k**	K-feldspar	**y**	pyroxene
q	quartz	**h**	hornblende		

Other

Z. list main rock types that occur as fragments in the fault (where identifiable) after the dot

DRILL HOLE INFORMATION

Coordinate System	Collar Azim. (UTM)	Collar Dip
UTM NAD 83	1	-90
Easting	**Northing**	**Elevation**
425,896.000 m	6,131,167.000 m	1,136.000 m
Length	**Start Depth**	**Total Depth**
96	0m	96
Overburden Depth	**Casing Depth**	
Casing	**Cemented**	**Plugged**
In / Out	Yes / No	Yes / No
Drill Start Date	**Drill End Date**	**Drill Contractor**
		Hy-Tech
Target	**NTS**	**Claim**
Logged By	**Date Logged**	**Core Stored At**
Richard Haslinger	October 08,2005	Gibraltar Mine Core Shack
Collar Survey By		
RJH		

Down Hole Information

Depth (ft)	Azimuth	Inclination	Method

Bit Size	From	To

Abandonment Info:

Remarks:

Chona North. Vertical hole at site CHO-G on Anomaly 5-3

GEOLOGY LOG

Log by | Richard Haslinger | Date | October 08,2005 | Hole ID **Chona_DDH_5010**

Signature _____

INTERVAL (m) From - To	AGE	Lithocode	Zone	Alteration	VEINS Veins1	Veins2	Veins2	Mineralization % PY	CP	SL	Other	DESCRIPTION
0 - 21	Q	Overburden										A variety of intrusive and some basalt boulders and cobbles supported in a gravel and clay matrix. No boulders or cobbles of sediments.
21 - 96	uT	Siltite/ Argillite/ Limestone			CA	QZ CA		0.5	rare			Interbedded siltite, argillite and minor calcareous argillite/limestone. Pyrite is present thoughout primarily is thin film coatings on joint and foliation surfaces. Some slip surfaces have thin graphite coated slickensides. Bedding angles typically between 40 and 65 dca. Rocks moderately foliated, bedding commonly folded. Modest shearing throughout. Orthogonal white calcite veinlets less than 3 mm thick, typically at 40 and 50 dca, throughout. Very minor pale blue green chlorite on joint surfaces. 24 to 26 m; black limestone or limy argillite coarsely interbedded with grey siltite. 28.5 m; bedding at 37 dca. Shear and fold contorted. 31.4 m; bedding at 50 dca. 36.8 to 37.7 m; QZ carbonate matrix infills and supports angular wall rock fragments. Low c-a angle. 39.9 m; bedding/foliation at 42 dca. 50 m; bedding at 50 dca. Calcite veinlets orthogonal at 50 dca as well. 52 to 54 m; black limestone. 60.5 m; CA veinlets at 50 dca. 63.7 m; bedding at dca. 65.7 m; bedding at 60 dca. 68.2 m; bedding at 62 dca. Jointing at 40 dca. Tops up hole. 72.4 m; trace chalcopyrite with about 4 QZ CA veinlets at 41 dca. 78 m; CA sub mm veinlets at 36 dca. 83 m; graphite coated shear plane at 15 dca, lateral shear sense. 84.3 m; bedding at 65 dca. 87.2 m; bedding at 42 dca. Tops up hole. 96.0 m; End of Hole. Eastern Inzana Lake succession. This rock would form biotite hornfels proximal (within 2 km) to intrusion. No biotite present. IP response explained by pyrite content.

Appendix E

Sample Log

Amarc Resources Ltd.

CHONA PROJECT - ANALYTICAL RESULTS

Hole ID

Chona-5010

Drill Core Samples

Logged By	**Richard Haslinger**
Laboratory	**ALSChemex**
File No.	**VA05089249**

Location UTM NAD 83

Easting	**425,896.00**	Chona North. Vertical hole at site CHO-G on Anomaly 5-3
Northing	**6,131,167.00**	
Elevation	**1136.00**	

Direction / Length

Azimuth	**0 °**
Inclination	**-90 °**
Length	**96 Metres**

Drill Hole Information

Date Start	
Date End	
Operator	**Amarc Resources**

Sample Interval (metres)			Sample Number	Au ppb	Cu ppm	Mo ppm	Ag ppm	As ppm	Pb ppm	Zn ppm	S %	Py %	Lithology	Sample Method
From	To	Int.												
0.00	21.00	21.0	NS											Not Sampled
21.00	27.00	6.0	350268	5	127	43	0.2	12	5	112	0.5	0.9	Siltite/ Argillite/	1/2 Core Split
27.00	33.00	6.0	350269	7	158	4	0.3	6	3	94	0.4	0.8	Siltite/ Argillite/	1/2 Core Split
33.00	39.00	6.0	350270	5	124	2	<0.2	6	3	66	0.5	0.8	Siltite/ Argillite/	1/2 Core Split
39.00	45.00	6.0	350271	5	106	1	<0.2	13	2	78	0.5	0.9	Siltite/ Argillite/	1/2 Core Split
45.00	51.00	6.0	350272	5	114	6	<0.2	10	3	70	0.6	1.2	Siltite/ Argillite/	1/2 Core Split
51.00	57.00	6.0	350273	5	116	8	0.2	13	5	94	0.6	1.1	Siltite/ Argillite/	1/2 Core Split
57.00	63.00	6.0	350274	5	122	1	0.2	27	2	79	0.4	0.8	Siltite/ Argillite/	1/2 Core Split
Standard	CGS-5	-	350275	134	1605	17	0.4	5	5	53	1.0			Quality Control
63.00	69.00	6.0	350276	7	132	2	0.2	10	7	78	0.2	0.4	Siltite/ Argillite/	1/2 Core Split
69.00	72.00	3.0	350277	8	176	4	0.2	7	4	80	0.6	1.0	Siltite/ Argillite/	1/2 Core Split
72.00	75.00	3.0	350278	5	110	<1	0.2	14	<2	68	0.2	0.4	Siltite/ Argillite/	1/2 Core Split
75.00	81.00	6.0	350279	5	136	5	0.2	6	5	74	0.2	0.4	Siltite/ Argillite/	1/2 Core Split
81.00	87.00	6.0	350280	5	129	3	0.5	13	5	93	0.4	0.6	Siltite/ Argillite/	1/2 Core Split
87.00	91.00	4.0	350281	5	110	4	<0.2	13	5	83	0.3	0.5	Siltite/ Argillite/	1/2 Core Split
91.00	96.00	5.0	350282	5	96	<1	<0.2	11	6	67	0.0	0.1	Siltite/ Argillite/	1/2 Core Split

Appendix F

Certificate of Analysis

ALS Chemex
EXCELLENCE IN ANALYTICAL CHEMISTRY
ALS Canada Ltd.
212 Brooksbank Avenue
North Vancouver BC V7J 2C1
Phone: 604 984 0221 Fax: 604 984 0218 www.alschemex.com

To: **AMARC RESOURCES LTD.**
1020-800 W. PENDER ST.
VANCOUVER BC V6C 2V6

Finalized Date: 27-OCT-2005
This copy reported on 8-NOV-2005
Account: AMARES

CERTIFICATE VA05089249

Project: Oncha (533)

P.O. No.:

This report is for 15 Drill Core samples submitted to our lab in Vancouver, BC, Canada on 18-OCT-2005.

The following have access to data associated with this certificate:

GWENDOLEND DAVID YEAGER	MARK REBAGLIATI	ERIC TITLEY

SAMPLE PREPARATION

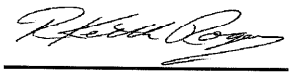
ALS CODE	DESCRIPTION
WEI-21	Received Sample Weight
LOG-22	Sample login - Rcd w/o BarCode
LOG-24	Pulp Login - Rcd w/o Barcode
CRU-QC	Crushing QC Test
CRU-31	Fine crushing - 70% <2mm
SPL-21	Split sample - riffle splitter
PUL-31	Pulverize split to 85% <75 um

ANALYTICAL PROCEDURES

ALS CODE	DESCRIPTION	INSTRUMENT
Au-AA23	Au 30g FA-AA finish	AAS
ME-ICP41	34 Element Aqua Regia ICP-AES	ICP-AES

To: **AMARC RESOURCES LTD.**
ATTN: ERIC TITLEY
1020-800 W. PENDER ST.
VANCOUVER BC V6C 2V6

This is the Final Report and supersedes any preliminary report with this certificate number. Results apply to samples as submitted. All pages of this report have been checked and approved for release.

Signature: 

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Finalized Date: 27-OCT-2005
Account: AMARES

Project: Oncha (533)

CERTIFICATE OF ANALYSIS VA05089249

Sample Description	Method / Analyte / Units / LOR	WEI-21 Recvd Wt. kg 0.02	Au-AA23 Au ppb 5	ME-ICP41 Ag ppm 0.2	ME-ICP41 Al % 0.01	ME-ICP41 As ppm 2	ME-ICP41 B ppm 10	ME-ICP41 Ba ppm 10	ME-ICP41 Be ppm 0.5	ME-ICP41 Bi ppm 2	ME-ICP41 Ca % 0.01	ME-ICP41 Cd ppm 0.5	ME-ICP41 Co ppm 1	ME-ICP41 Cr ppm 1	ME-ICP41 Cu ppm 1	ME-ICP41 Fe % 0.01
B350268		7.28	<5	0.2	2.44	12	<10	80	<0.5	<2	6.03	1.1	21	91	127	4.03
B350269		12.74	7	0.3	2.70	6	<10	60	<0.5	<2	3.27	<0.5	19	49	158	4.24
B350270		12.60	<5	<0.2	2.66	6	<10	90	<0.5	3	3.82	<0.5	23	122	124	4.23
B350271		8.42	<5	<0.2	3.19	13	<10	80	<0.5	<2	3.61	<0.5	23	152	106	5.00
B350272		8.02	<5	<0.2	2.85	10	<10	50	<0.5	<2	3.54	<0.5	21	66	114	4.71
B350273		12.28	<5	0.2	2.58	13	<10	60	<0.5	2	5.75	<0.5	22	115	116	4.36
B350274		11.52	5	0.2	3.17	27	<10	60	<0.5	2	5.19	<0.5	24	120	122	5.60
B350275		0.12	134	0.4	1.71	5	<10	160	<0.5	<2	1.31	<0.5	23	1055	1605	4.56
B350276		11.06	7	0.2	3.33	10	<10	50	<0.5	<2	5.06	<0.5	25	191	132	5.32
B350277		6.80	8	0.2	2.65	7	<10	40	<0.5	<2	4.34	<0.5	22	66	176	4.89
B350278		8.26	<5	0.2	3.55	14	<10	30	<0.5	<2	4.62	<0.5	25	67	110	5.88
B350279		12.06	<5	0.2	3.03	6	<10	60	<0.5	<2	4.89	<0.5	24	83	136	5.06
B350280		10.24	<5	0.5	2.65	13	<10	40	<0.5	2	3.13	<0.5	21	46	129	4.40
B350281		7.40	<5	<0.2	2.86	13	<10	50	<0.5	<2	3.60	<0.5	16	36	110	4.46
B350282		7.66	<5	<0.2	2.39	11	<10	50	<0.5	<2	3.13	<0.5	14	29	96	3.59

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Finalized Date: 27-OCT-2005
Account: AMARES

Project: Oncha (533)

CERTIFICATE OF ANALYSIS VA05089249

Sample Description	Method	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41
	Analyte	Ga	Hg	K	La	Mg	Mn	Mo	Na	Ni	P	Pb	S	Sb	Sc	Sr
	Units	ppm	ppm	%	ppm	%	ppm	ppm	%	ppm	ppm	ppm	%	ppm	ppm	ppm
	LOR	10	1	0.01	10	0.01	5	1	0.01	1	10	2	0.01	2	1	1
B350268		10	<1	0.16	10	1.77	1210	43	0.03	68	1060	5	0.48	<2	12	406
B350269		10	<1	0.14	<10	2.01	860	4	0.03	34	1180	3	0.42	2	7	186
B350270		10	1	0.18	<10	2.29	819	2	0.02	74	1040	3	0.46	<2	11	319
B350271		10	1	0.20	<10	3.31	1095	1	0.02	79	1060	2	0.51	4	11	332
B350272		10	<1	0.14	<10	2.12	878	6	0.04	43	1100	3	0.63	3	9	176
B350273		10	1	0.14	<10	2.10	1110	8	0.03	64	1020	5	0.58	4	11	251
B350274		10	<1	0.18	<10	2.96	1155	1	0.03	51	1110	2	0.43	<2	18	389
B350275		<10	<1	0.23	<10	0.83	592	17	0.13	840	660	5	0.96	<2	5	77
B350276		10	<1	0.21	<10	3.17	1030	2	0.03	78	970	7	0.24	<2	17	323
B350277		10	<1	0.10	<10	2.07	937	4	0.06	36	1050	4	0.56	<2	11	156
B350278		10	<1	0.07	<10	2.86	1045	<1	0.05	29	1070	<2	0.20	<2	16	184
B350279		10	<1	0.09	<10	2.59	981	5	0.05	41	910	5	0.24	<2	16	384
B350280		10	<1	0.10	10	1.95	1015	3	0.03	58	800	5	0.36	<2	10	184
B350281		10	<1	0.14	10	2.03	930	4	0.04	23	1240	5	0.26	<2	8	221
B350282		10	<1	0.17	10	1.62	918	<1	0.03	20	1200	6	0.04	<2	4	226

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Finalized Date: 27-OCT-2005
Account: AMARES

Project: Oncha (533)

CERTIFICATE OF ANALYSIS VA05089249

Sample Description	Method	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41	ME-ICP41
	Analyte	Ti	Tl	U	V	W	Zn
	Units	%	ppm	ppm	ppm	ppm	ppm
	LOR	0.01	10	10	1	10	2
B350268		0.09	<10	10	140	<10	112
B350269		0.19	<10	<10	97	<10	94
B350270		0.15	<10	<10	104	<10	66
B350271		0.06	<10	<10	100	<10	78
B350272		0.23	<10	<10	126	<10	70
B350273		0.18	<10	10	128	<10	94
B350274		0.06	<10	<10	188	<10	79
B350275		0.11	<10	<10	66	<10	53
B350276		0.08	<10	10	197	<10	78
B350277		0.22	<10	<10	177	<10	80
B350278		0.24	<10	<10	223	<10	68
B350279		0.14	<10	<10	172	<10	74
B350280		0.01	<10	<10	131	<10	93
B350281		0.03	<10	<10	130	<10	83
B350282		0.01	<10	<10	64	<10	67

Appendix G
Analytical Procedures

ALS Chemex

Sample Preparation Package – PREP-31

Standard Sample Preparation: Dry, Crush, Split and Pulverize

Sample is dried and the entire sample is crushed to better than 70% passing a 2 mm (Tyler 10 mesh) screen. A split of up to 250 grams is taken and pulverized to better than 85% passing a 75 micron (Tyler 200 mesh) screen.

ALS Chemex Method Code	Description
LOG-22	Sample is logged in tracking system and a bar code label is attached.
CRU-31	Fine crushing of rock chip and drill samples to better than 70% of the sample passing 2 mm.
SPL-21	Split sample using riffle splitter.
PUL-31	A sample split of up to 250 g is pulverized to better than 85% of the sample passing 75 microns.

ALS Chemex

Geochemical Procedure - ME-ICP41
Trace Level Methods Using Conventional ICP-AES Analysis

Sample Decomposition: Nitric Aqua Regia Digestion
Analytical Method: Inductively Coupled Plasma - Atomic Emission Spectroscopy (ICP - AES)

A prepared sample (0.50 grams) is digested with aqua regia for at least one hour in a graphite heating block. After cooling, the resulting solution is diluted to 12.5 ml with demineralized water, mixed and analyzed by inductively coupled plasma-atomic emission spectrometry. The analytical results are corrected for inter-element spectral interferences.

Element	Symbol	Detection Limit	Upper Limit	Units
Aluminum*	Al	0.01	15	%
Antimony	Sb	2	10,000	ppm
Arsenic	As	2	10,000	ppm
Barium*	Ba	10	10,000	ppm
Beryllium*	Be	0.5	100	ppm
Bismuth	Bi	2	10,000	ppm
Boron*	B	10	10,000 ppm	ppm
Cadmium	Cd	0.5	500	ppm
Calcium*	Ca	0.01	15	%
Chromium*	Cr	1	10,000	ppm
Cobalt	Co	1	10,000	ppm
Copper	Cu	1	10,000	ppm
Gallium*	Ga	10	10,000	ppm
Iron	Fe	0.01	15	%
Lanthanum*	La	10	10,000	ppm
Lead	Pb	2	10,000	ppm
Magnesium*	Mg	0.01	15	%
Manganese	Mn	5	10,000	ppm
Mercury	Hg	1	10,000	ppm
Molybdenum	Mo	1	10,000	ppm

Geochemical Procedure - ME-ICP41

Trace Level Methods Using Conventional ICP-AES Analysis *(con't)*

Element	Symbol	Detection Limit	Upper Limit	Units
Nickel	Ni	1	10,000	ppm
Phosphorus	P	10	10,000	ppm
Potassium*	K	0.01	10	%
Scandium*	Sc	1	10,000	ppm
Silver	Ag	0.2	100	ppm
Sodium*	Na	0.01	10 %	%
Strontium*	Sr	1	10,000	ppm
Sulfur	S	0.01	10	%
Thallium*	Tl	10	10,000	ppm
Titanium*	Ti	0.01	10	%
Tungsten*	W	10	10,000	ppm
Uranium	U	10	10,000	ppm
Vanadium	V	1	10,000	ppm
Zinc	Zn	2	10,000	ppm

*Elements for which the digestion is possibly incomplete.

ALS Chemex

Fire Assay Procedure – Au-AA23 and Au-AA24
Fire Assay Fusion, AAS Finish

Sample Decomposition: Fire Assay Fusion
Analytical Method: Atomic Absorption Spectroscopy (AAS)

A prepared sample is fused with a mixture of lead oxide, sodium carbonate, borax, silica and other reagents as required, inquarted with 6 mg of gold-free silver and then cupelled to yield a precious metal bead.

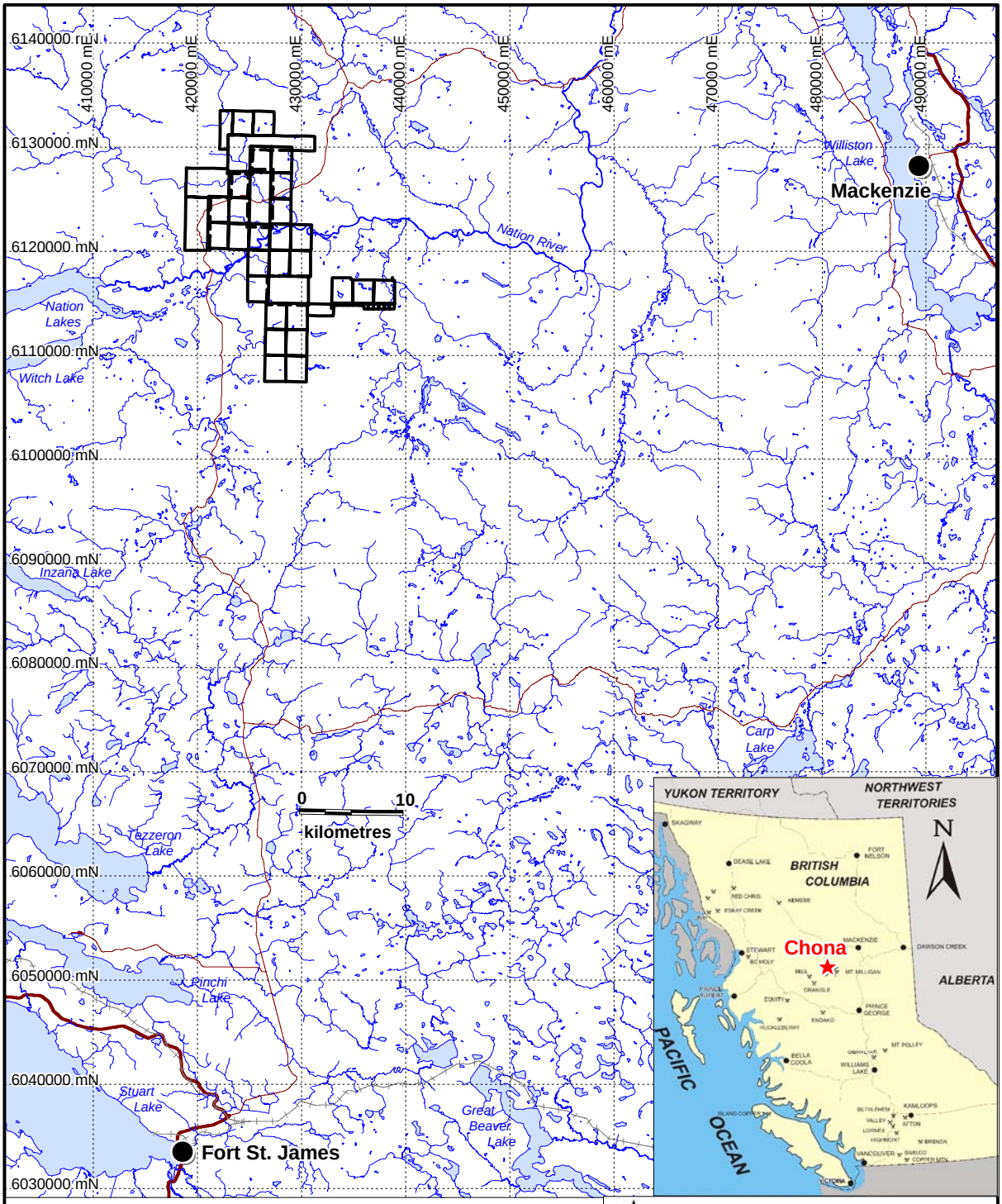
The bead is digested in 0.5 ml dilute nitric acid in the microwave oven, 0.5 ml concentrated hydrochloric acid is then added and the bead is further digested in the microwave at a lower power setting. The digested solution is cooled, diluted to a total volume of 4 ml with de-mineralized water, and analyzed by atomic absorption spectroscopy against matrix-matched standards.

ALS Chemex Method Code	Element	Symbol	Sample Weight	Lower Reporting Limit	Upper Reporting Limit	Units
Au-AA23	Gold	Au	30 g	0.005	10.0	ppm
Au-AA24	Gold	Au	50g	0.005	10.0	ppm

Appendix H

Figures

Figure 1:	Location Map
Figure 2:	Regional Geology
Figure 3:	Magnetometer Survey Lines
Figure 4a:	Total Magnetic Field: Sheet 1
Figure 4b:	Total Magnetic Field: Sheet 2
Figure 4c:	Total Magnetic Field: Sheet 3
Figure 4d:	Total Magnetic Field: Sheet 4
Figure 4e:	Total Magnetic Field: Sheet 5
Figure 4f:	Total Magnetic Field: Sheet 6
Figure 5:	Total Magnetic Field
Figure 6:	Drill Hole Chona 5010 Location
Figure 7:	Drill Hole Chona 5010 Cross Section



Paved road

Gravel road

Railway

Claim outline

N

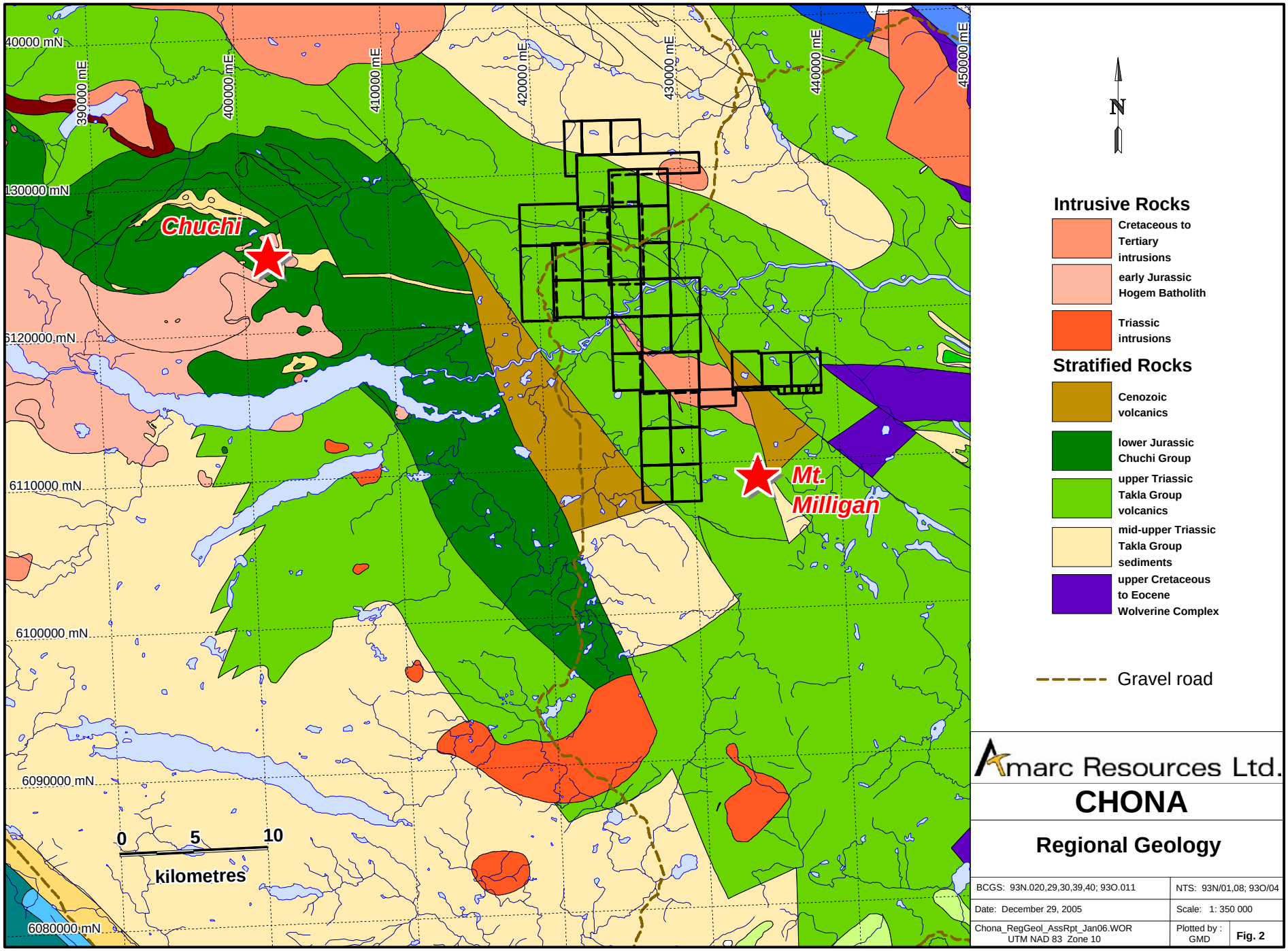
Amarc Resources Ltd.

CHONA

Location

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: January 4, 2006	Scale: 1: 600 000
Chona_location550k.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 1



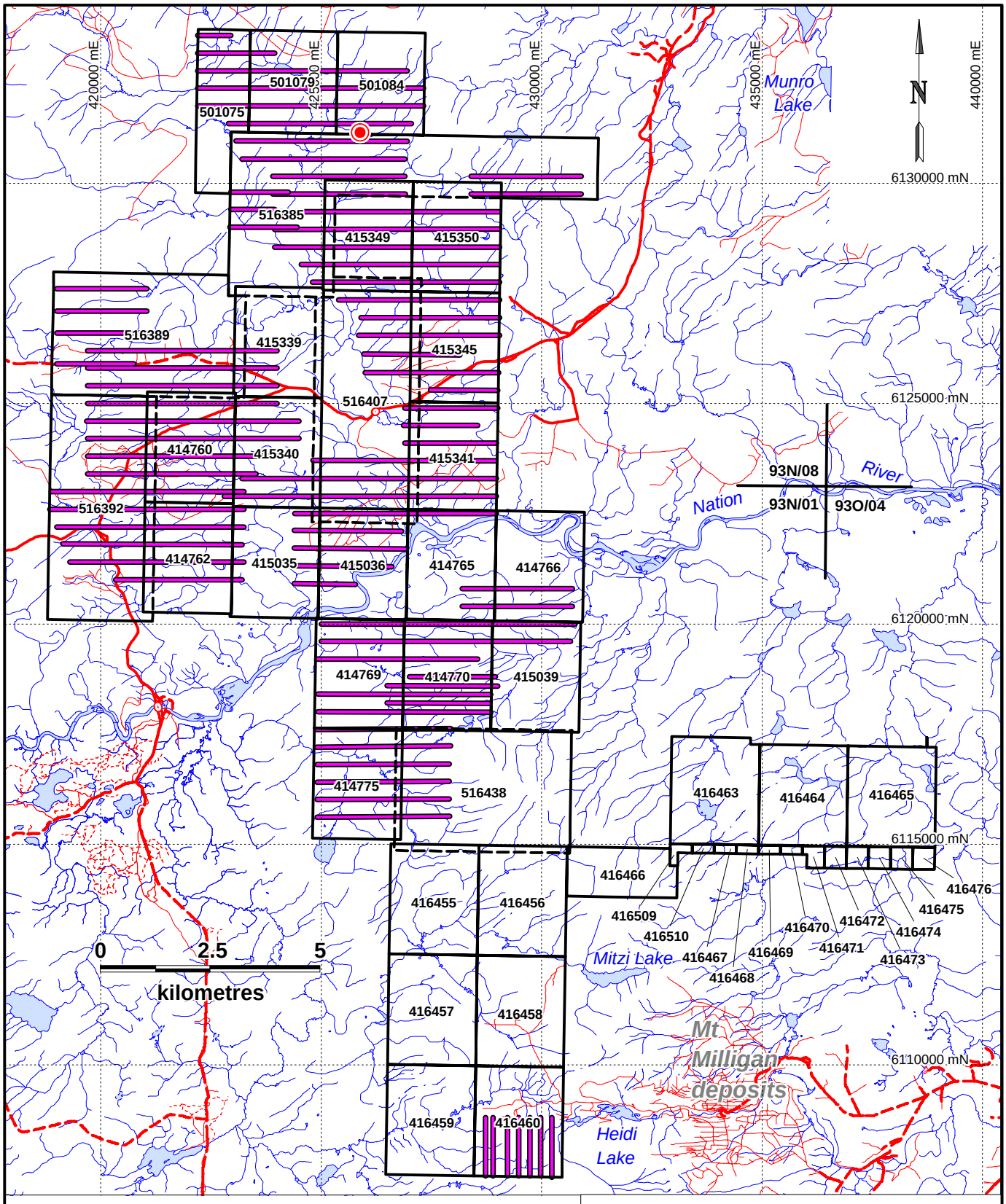
Amarc Resources Ltd.

CHONA

Regional Geology

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 350 000
Chona_RegGeol_AssRpt_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 2



Magnetometer survey lines

Two-lane gravel road

One-lane gravel road

Rough road

Trail

Diamond drill hole 5010

Amarc Resources Ltd.

CHONA

Magnetometer Survey Lines

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 125 000
Chona_lines_125k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 3

CHONA 68
501079

CHONA 69
501084

CHONA 67
501075

516385

CHONA 37
415349

CHONA 38
415350

516389

516407

CHONA
41534

1200

1100

1000

423000 mE
424000 mE
425000 mE
426000 mE
427000 mE

6133000 mN
6132000 mN
6131000 mN
6130000 mN
6129000 mN
6128000 mN

0 0.5 1
kilometres

nT
56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.

Sheet 1 of 6

UTM north is 1 degree west of True North

N

Amarc Resources Ltd.

CHONA

Total Magnetic Field
Sheet 1

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 10 000
Chona_TFM-Sheet1_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 4a

CHONA 69
501084

516385

CHONA 37
415349

CHONA 38
415350

516407

CHONA 33
415345

1100

427000 mE
428000 mE
429000 mE
430000 mE
431000 mE

6133000 mN
6132000 mN
6131000 mN
6130000 mN
6129000 mN
6128000 mN

0 0.5 1
kilometres

Sheet 2 of 6

nT
56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.

N

UTM north is 1 degree west of True North

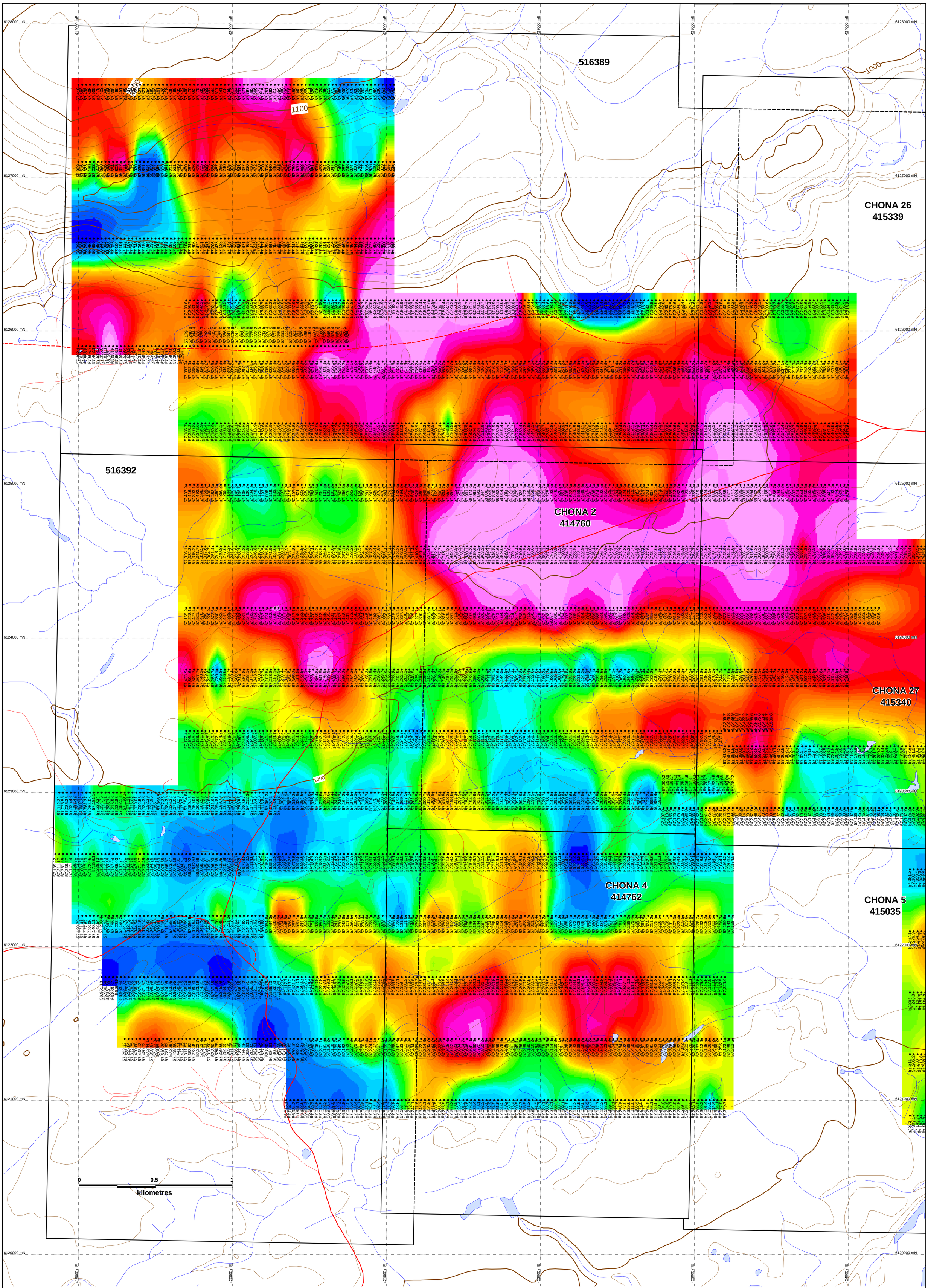
Amarc Resources Ltd.

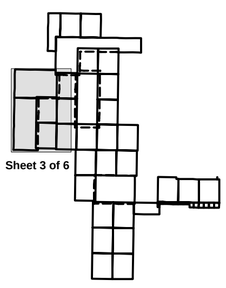
CHONA

Total Magnetic Field
Sheet 2

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 10 000
Chona_TFM-Sheet2_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 4b





nT

56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.

UTM north is 1 degree west of True North

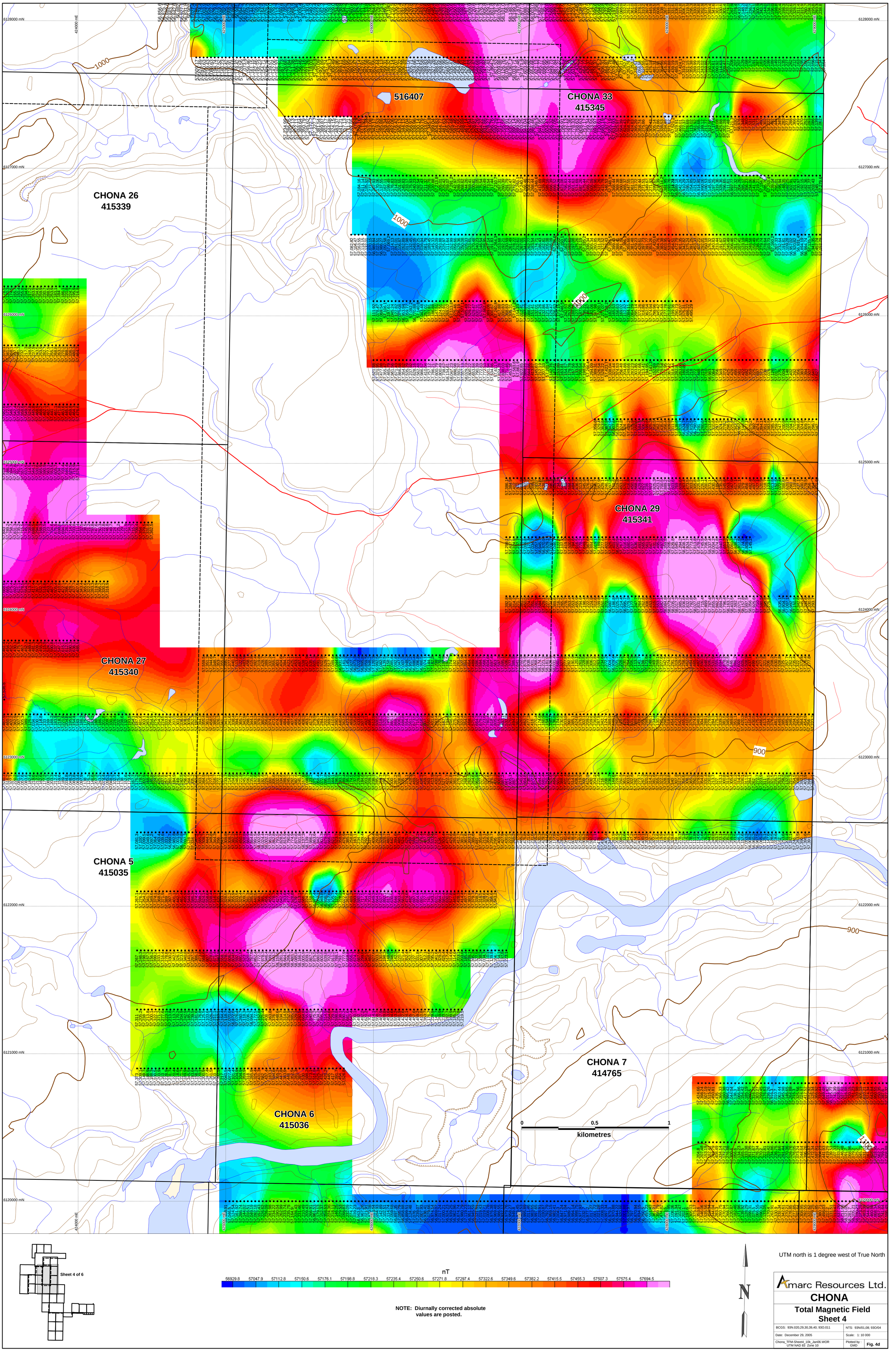
Amarc Resources Ltd.

CHONA

Total Magnetic Field
Sheet 3

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 10 000
Chona_TFM-Sheet3_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 4c



nT

56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.

UTM north is 1 degree west of True North

N

Amarc Resources Ltd.

CHONA

Total Magnetic Field
Sheet 4

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 10 000
Chona_TFM-Sheet4_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD **Fig. 4d**

Nation River

CHONA 6
415036

CHONA 7
414765

CHONA 8
414766

CHONA 14
414769

CHONA 15
414770

CHONA 16
415039

CHONA 22
414775

516438

Mt. Milligan

900
1000
1100
1200
1300
1400

6122000 mN
6121000 mN
6120000 mN
6119000 mN
6118000 mN
6117000 mN
6116000 mN
6115000 mN

425000 mE
426000 mE
427000 mE
428000 mE
429000 mE
430000 mE
431000 mE

0 0.5 1
kilometres

nT
56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.

Sheet 5 of 6

UTM north is 1 degree west of True North

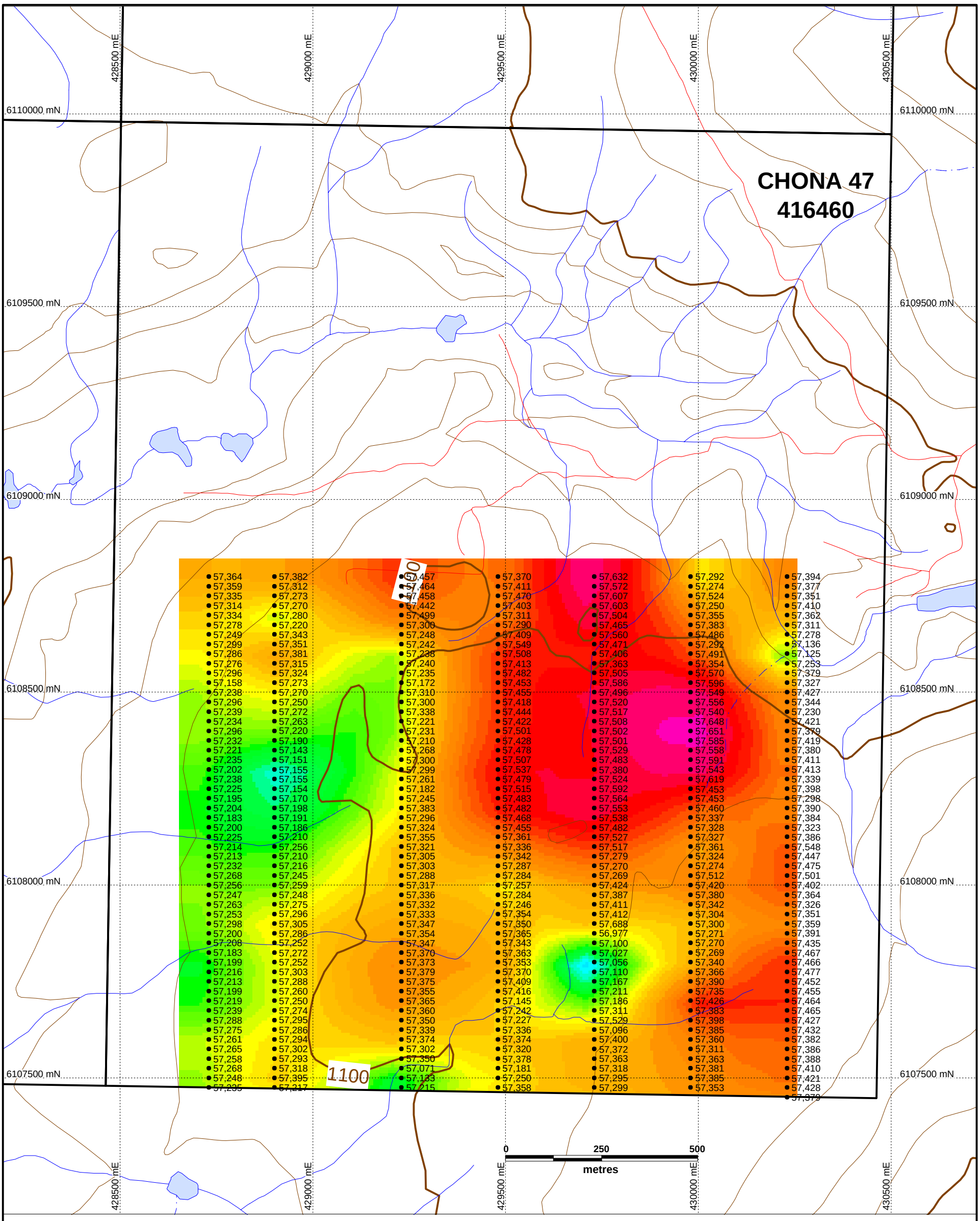
Amarc Resources Ltd.

CHONA

Total Magnetic Field
Sheet 5

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 10 000
Chona_TFM-Sheet5_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

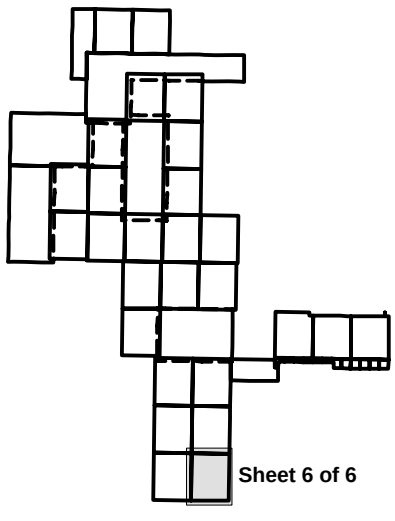
Fig. 4e



nT

56929.8 57047.9 57112.8 57150.6 57176.1 57198.8 57218.3 57235.4 57250.6 57271.8 57297.4 57322.6 57349.6 57382.2 57415.5 57455.3 57507.3 57575.4 57694.5

NOTE: Diurnally corrected absolute values are posted.



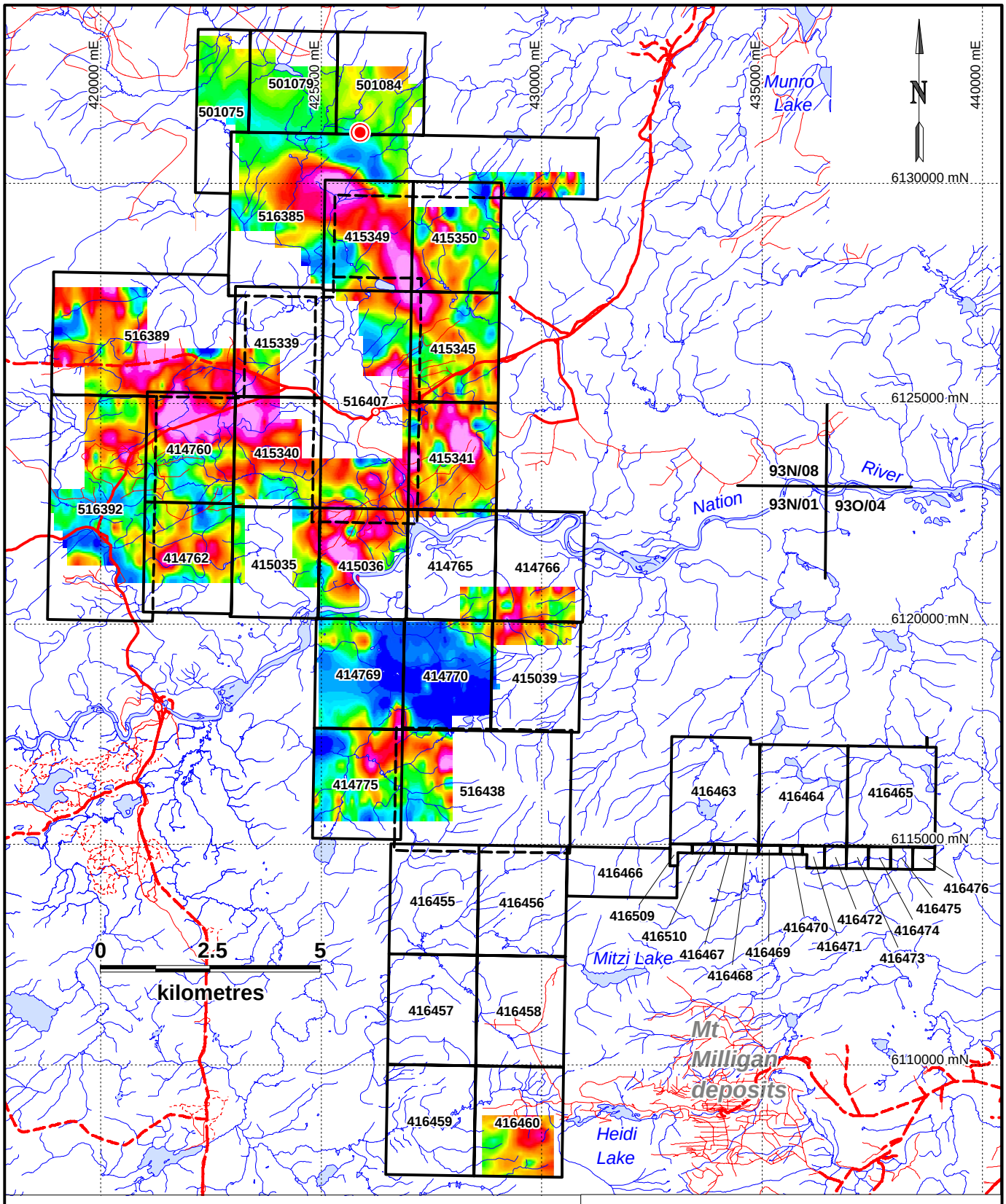
UTM north is 1 degree west of True North

Amarc Resources Ltd.

CHONA

Total Magnetic Field
Sheet 6

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04	
Date: December 29, 2005	Scale: 1: 10 000	
Chona_TFM-Sheet6_10k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD	**Fig. 4f**



Magnetometer survey lines

Two-lane gravel road

One-lane gravel road

Rough road

Trail

Diamond drill hole 5010

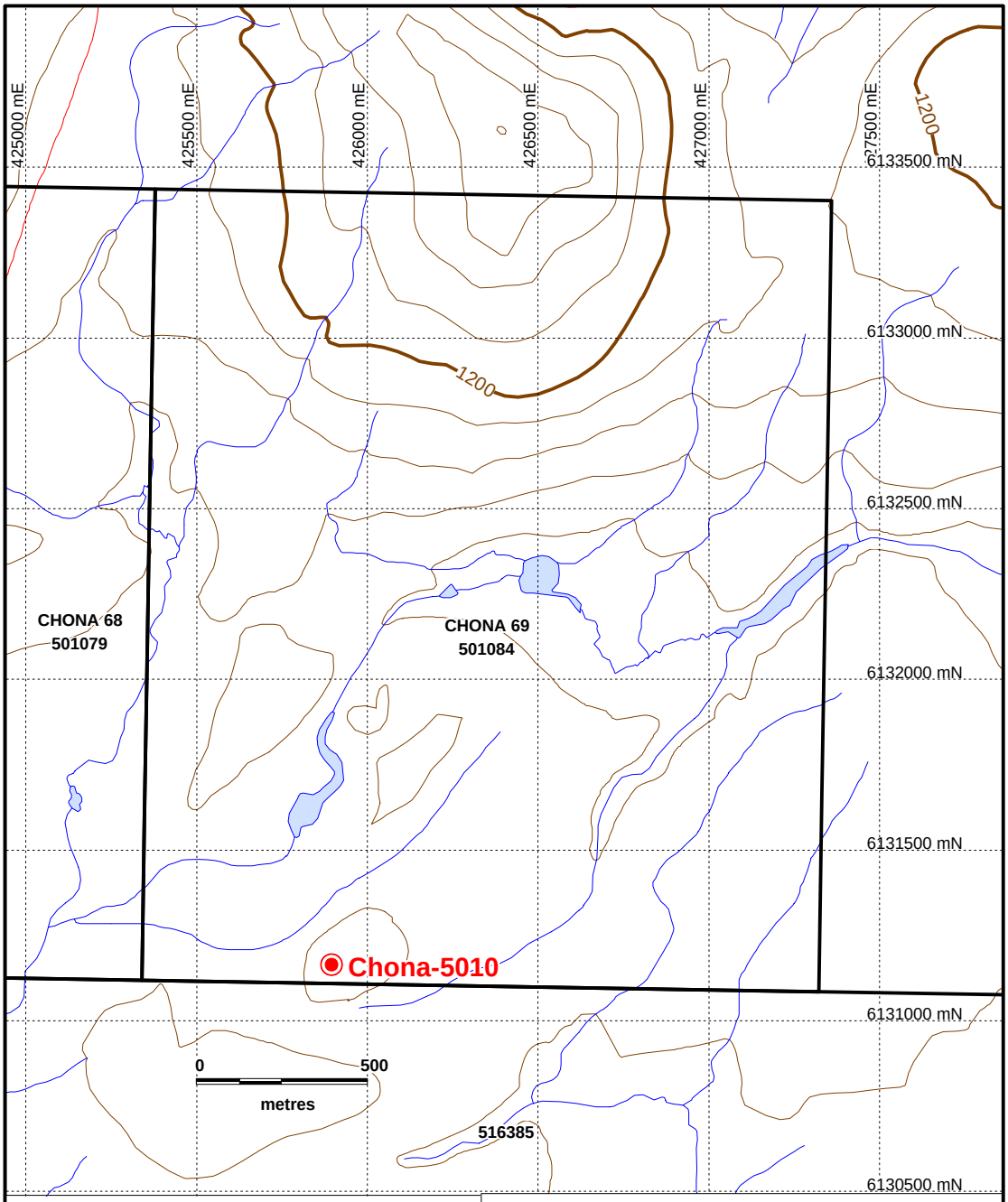
Amarc Resources Ltd.

CHONA

Total Magnetic Field

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04
Date: December 29, 2005	Scale: 1: 125 000
Chona_TFM_125k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD

Fig. 5



Claim outline

Diamond drill hole

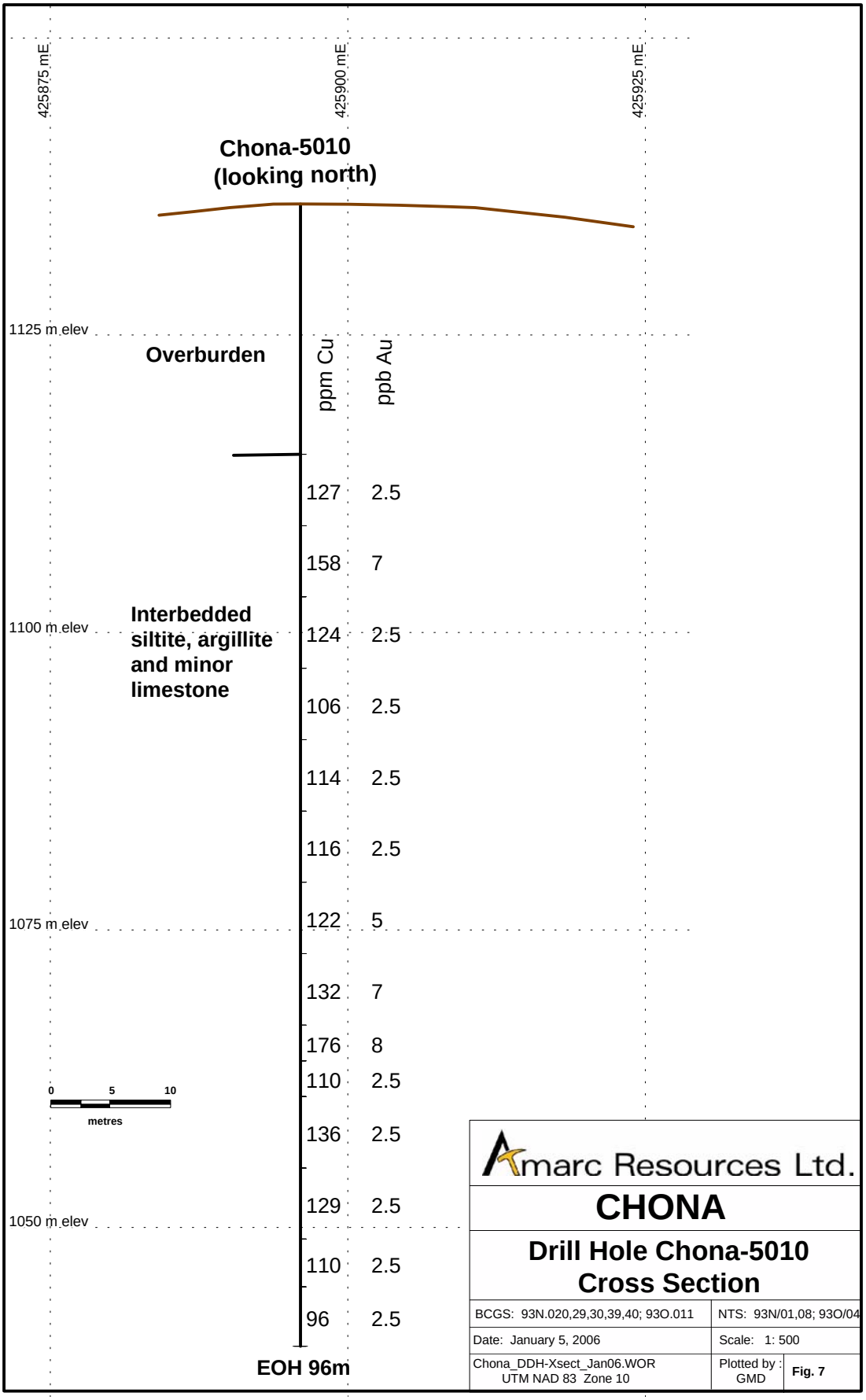
N

Amarc Resources Ltd.

CHONA

Drill Hole Chona-5010 Location

BCGS: 93N.020,29,30,39,40; 93O.011	NTS: 93N/01,08; 93O/04	
Date: January 5, 2006	Scale: 1: 20 000	
Chona_DDHloco_20k_Jan06.WOR UTM NAD 83 Zone 10	Plotted by : GMD	**Fig. 6**


425875 mE
425900 mE
425925 mE
Chona-5010
(looking north)
1125 m elev
Overburden
ppm Cu
ppb Au
127 2.5
158 7
1100 m elev
Interbedded siltite, argillite and minor limestone
124 2.5
106 2.5
114 2.5
116 2.5
1075 m elev
122 5
132 7
176 8
110 2.5
136 2.5
129 2.5
1050 m elev
110 2.5
96 2.5
EOH 96m
0 5 10
metres
marc Resources Ltd.
CHONA
Drill Hole Chona-5010
Cross Section
BCGS: 93N.020,29,30,39,40; 93O.011
NTS: 93N/01,08; 93O/04
Date: January 5, 2006
Scale: 1: 500
Chona_DDH-Xsect_Jan06.WOR
UTM NAD 83 Zone 10
Plotted by : GMD
Fig. 7