Assessment Report on
Geochemical Work

Performed on the COPPER 246 Claim

Located in the Liard Mining Division

NTS 104H/13
BCGS 104H.082

Centred at approximately
57º 49’ 55” N Latitude
129º 46’ 44” W Longitude
UTM Zone 9 NAD 83
6410250 N
453750 E

Owner: Amarc Resources Ltd.
Operator: Amarc Resources Ltd.

Tenure Number:
518645

Author:
David Yeager, P.Geo.
Colin Smith

November 1, 2006

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Acknowledgement

The authors acknowledge the contributions of Gwendolen Ditson, P.Geo. for the compilation of the data and assistance in the creation of the drawings used in this report.

SUMMARY

The COPPER 246 property, owned by Amarc Resources Ltd., is located in northwestern British Columbia, in the Liard Mining Division. It is situated approximately twelve kilometres east of Iskut, B.C., on NTS map 104H/13. The property is accessible via helicopter from Iskut.

The COPPER 246 property lies within the Stikine Terrane, comprising Carboniferous to Middle Jurassic island-arc volcanic and sedimentary rocks, and associated plutonic suites (Schiarizza and MacIntyre, 1999). The terrane is considered to have developed in the eastern Pacific of the Northern Hemisphere and migrated northwards to accrete with ancestral North America during the Middle Jurassic period (MacIntyre, *et al.,* 2001). The primary lithologies of the project area include Paleozoic marine sedimentary and volcanic rocks of the Stikine Assemblage, and Lower to Middle Jurassic calc-alkaline volcanic rocks of the Hazelton Group.

Preliminary geological field observations are based on a one day traverse by two, two-person geochemical sampling crews on July 22, 2006. During this time 19 silt, 15 moss mat and 15 rock samples were collected. A total of 23 samples were taken slightly outside the property boundary pursuant to Section 7(3) of the Mineral Tenure Act Regulation in order to gain information on drainages that fell largely within the claim boundaries.

A recommendation is included that no further exploration be performed on the property by Amarc Resources Ltd.

LOCATION AND ACCESS

The COPPER 246 property is located in northwestern British Columbia in the Liard Mining Division, on NTS map 104H/13 and BCGS map 104H.082. The approximate centre of the claim is 12 kilometres east of Iskut at 57º 49’ 55” North Latitude, 129º 46’ 44” West Longitude, or 6410250 N, 453750 E UTM NAD83,Zone 9 as shown in Figure 1. The property was accessed by helicopter from Iskut.

PHYSIOGRAPHY AND CLIMATE

The COPPER 246 property is situated in mountainous terrain typical of the Iskut region. The general topography is steep mountain slopes and thickly forested valleys, ranging in elevation from 1200 to 1600 metres. The area is forested with spruce, poplar and pine. Average temperatures in the region are 18 ºC in the summer and 4 ºC in the winter, with annual rainfall and snowfall averaging 150 centimetres and 28 centimetres, respectively (B.C. Ministry of Forests and Range Public Website).

CLAIMS

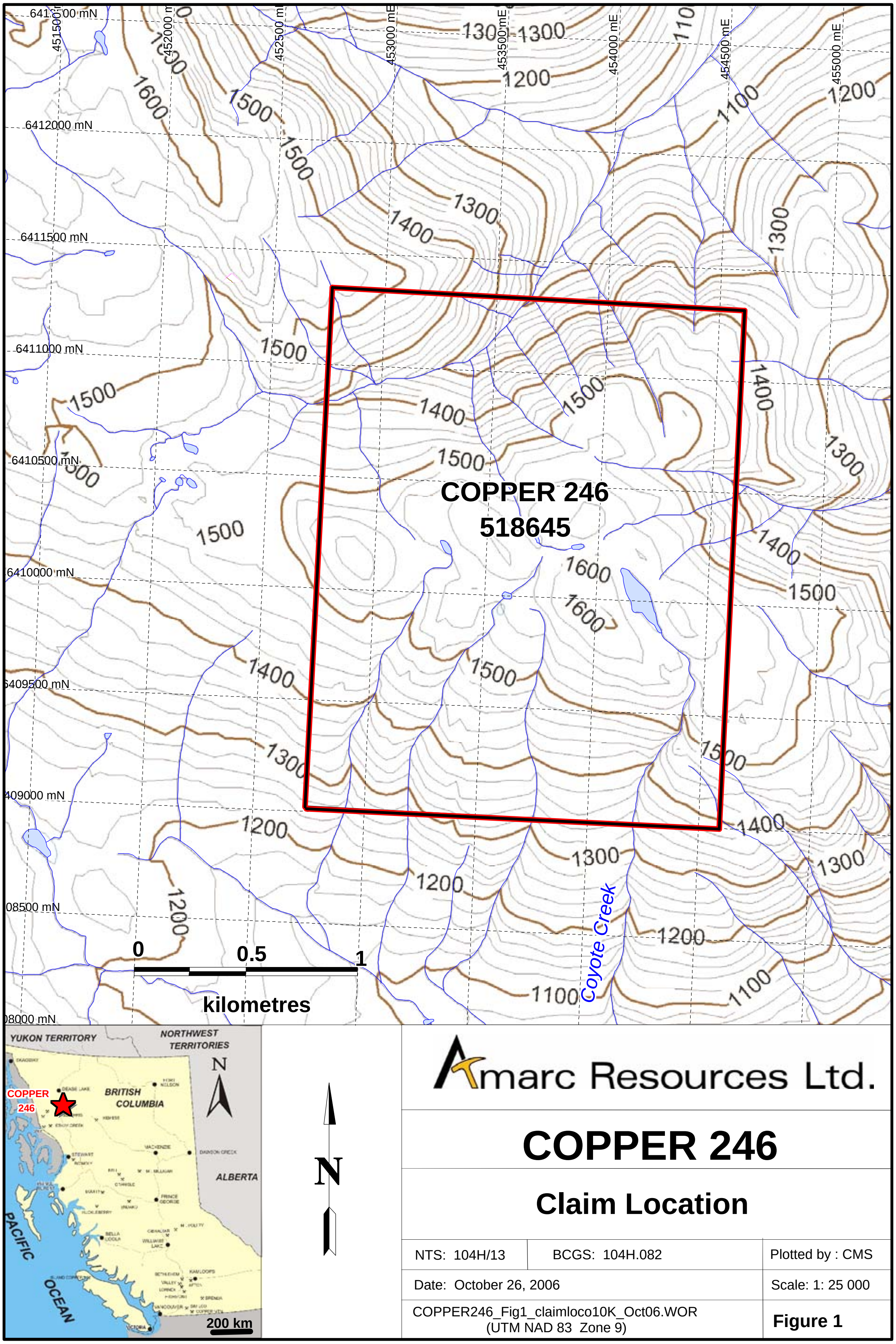
Amarc Resources Ltd. is the 100% owner of the claims and was the operator of the programs described in this report. Tenure locations are shown on Figure 1.

The following table lists the claims on which the work programs were done.

Table 1: List of Claims

Tenure Number	Area (ha)	Record/Registration Date	Expiry Date*	Type of Work
518645	430.791	2005/Aug03	2007/Aug03	Geochemical

***** assuming acceptance of this assessment report



Amarc Resources Ltd.

COPPER 246

Claim Location

NTS: 104H/13	BCGS: 104H.082	Plotted by : CMS
Date: October 26, 2006		Scale: 1: 25 000
COPPER246_Fig1_claimloco10K_Oct06.WOR (UTM NAD 83 Zone 9)		**Figure 1**

EXPLORATION HISTORY

The COPPER 246 property is situated proximal to a historically investigated showing referred to as KLASTINE PLATEAU (MINFILE Number 104H 018). This showing lies 500 metres west of the northwestern corner of the COPPER 246 claim and comprises limestone lenses included in the unnamed Carboniferous and older basement exposed along the southern flank of the Stikine arch.

The claims were acquired after examination of British Columbia Regional Geochemical Survey (RGS) data. Specifically, RGS sample 104H1153 showed an elevated copper value of 246 ppm Cu.

REGIONAL GEOLOGY

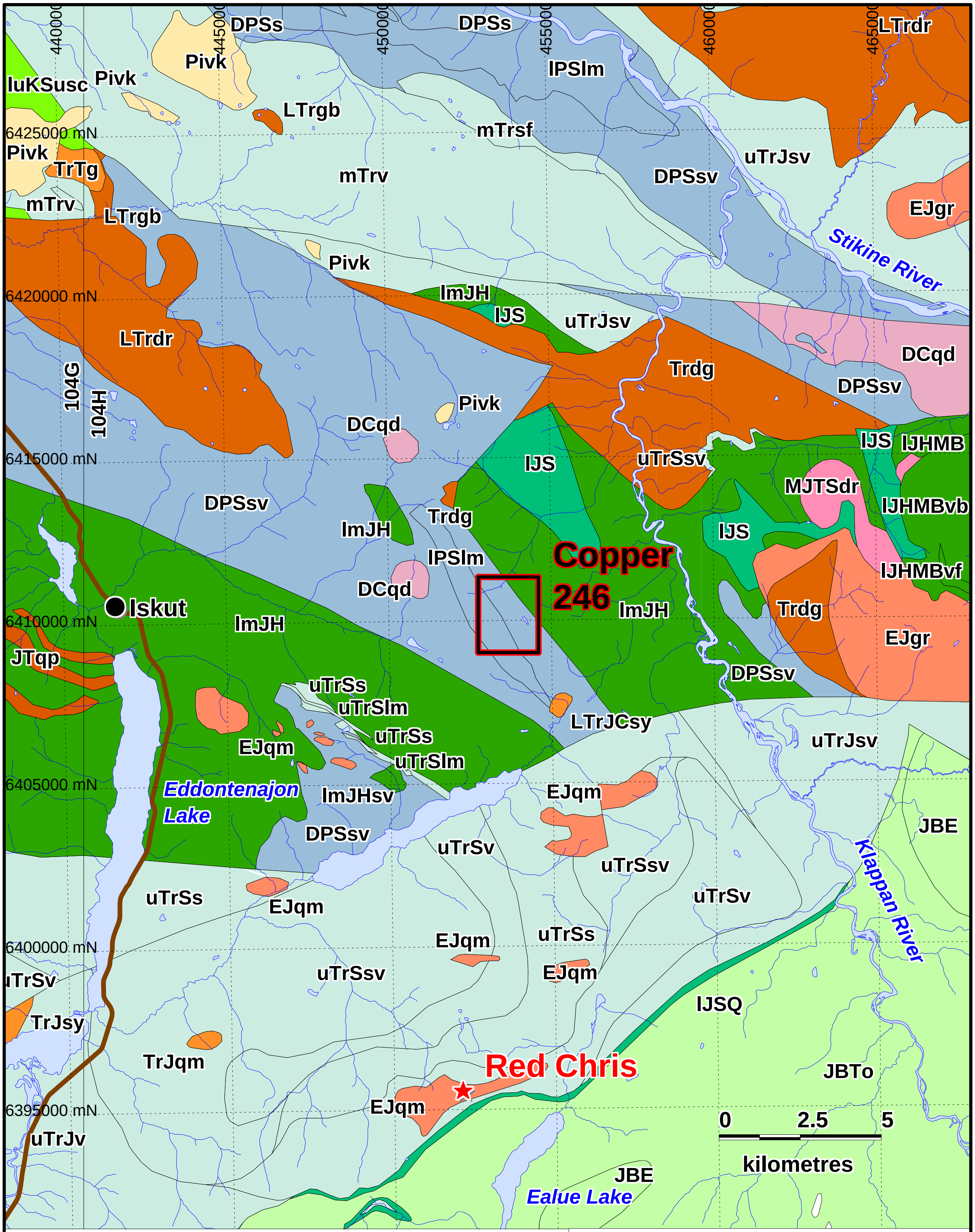
The COPPER 246 property lies within the Stikine Terrane, which comprises Carboniferous to Middle Jurassic island-arc volcanic and sedimentary rocks, and associated plutonic suites (Schiarizza and MacIntyre, 1999). The Stikine Terrane lies within the Intermontane Belt of the Canadian Cordillera. Stikine Terrane is considered to have developed in the eastern Pacific of the Northern Hemisphere and migrated northwards to accrete with ancestral North America in Middle Jurassic (MacIntyre, *et al.*, 2001). The primary lithologies of the project area include Paleozoic marine sedimentary and volcanic rocks of the Stikine Assemblage, and Lower to Middle Jurassic calc-alkaline volcanic rocks of the Hazelton Group, as shown on Figure 2 (note that the Stikine Assemblage is further divided on the basis of age constraints).

Stikine Assemblage (DPSsv)

The Devonian to Permian Stikine Assemblage is the oldest lithology in the Stikine Terrane. This Paleozoic basement comprises moderately metamorphosed marine sedimentary and volcanic rocks (MacIntyre, *et al.*, 2001).

Stikine Assemblage (IPSlm)

The Lower Permian Stikine Assemblage comprises limestone, marble, and other calcareous sedimentary rocks.



Paved road

N

Geology Legend on Figure 2b

Amarc Resources Ltd.

COPPER 246

Regional Geology
BCGS, 2005

NTS: 104H,G	Plotted by : CMS
Date: October 23, 2006	Scale: 1 : 175 000
COPPER246_Fig2a_RegGeol175K_map.WOR (UTM NAD 83 Zone 9)	**Figure 2a**

LEGEND

STRATIGRAPHIC UNITS

CENOZOIC

PLIOCENE

Pivk	Olivine basalt

MESOZOIC

LOWER TO UPPER CRETACEOUS

luKSusc	**Sustut Group** coarse clastic rocks

MIDDLE TO UPPER JURASSIC

JBE	**Bowser Lake Group** undivided sedimentary rocks
JBTo	**Bowser Lake Group** siltstone, sandstone, conglomerate

LOWER TO MIDDLE JURASSIC

lJS	**Spatsizi Group** undivided sedimentary rocks
lJSQ	**Spatsizi Group** mudstone, siltstone, shale
lmJH	**Hazelton Group** calc-alkalic volcanic rocks
lmJHsv	**Hazelton Group** marine sedimentary and volcanic rocks

LOWER JURASSIC

lJHMB	**Hazelton Group** Mt. Brock volcanic rocks
lJHMBvb	**Hazelton Group** Mt. Brock basalt
lJHMBvf	**Hazelton Group** Mt. Brock felsic volcanic rocks

UPPER TRIASSIC TO LOWER JURASSIC

uTrJsv	marine sedimentary and volcanic rocks
uTrJv	undivided volcanic rocks

UPPER TRIASSIC

uTrSlm	**Stuhini Group** limestone, marble, calcareous sedimentary rocks
uTrSs	**Stuhini Group** undivided sedimentary rocks
uTrSsv	**Stuhini Group** marine sedimentary and volcanic rocks
uTrSv	**Stuhini Group** undivided volcanic rocks

MIDDLE TRIASSIC

mTrsf	mudstone, siltstone, shale
mTrv	undivided volcanic rocks

PALEOZOIC

LOWER PERMIAN

lPSlm	**Stikine Assemblage** limestone, marble, calcareous sedimentary rocks

DEVONIAN TO PERMIAN

DPSs	**Stikine Assemblage** undivided sedimentary rocks
DPSsv	**Stikine Assemblage** marine sedimentary and volcanic rocks

INTRUSIVE ROCKS

MESOZOIC

JURASSIC TO TERTIARY

JTqp	high level quartz-phyric felsitic volcanic rocks

MIDDLE JURASSIC

MJTSdr	**Three Sisters Plutonic Suite** diorite

EARLY JURASSIC

EJgr	granite, alkali feldspar granite
EJqm	quartz monzonite

TRIASSIC TO TERTIARY

TrTg	undivided intrusive rocks

LATE TRIASSIC TO EARLY JURASSIC

LTrJCsy	syenite to monzonite

TRIASSIC TO JURASSIC

TrJqm	quartz monzonite
TrJsy	syenite to monzonite

LATE TRIASSIC

LTrdr	diorite
LTrgb	gabbro to diorite

TRIASSIC

Trdg	monzodiorite to gabbro

PALEOZOIC

DEVONIAN TO CARBONIFEROUS

DCqd	quartz diorite

Amarc Resources Ltd.

COPPER 246

Geology Legend

NTS: 104H,G	Plotted by : CMS
Date: October 23, 2006	Scale: 1 : 175 000
COPPER246_Fig2b_RegGeol175K_legend.WOR (UTM NAD 83 Zone 9)	**Figure 2b**

Hazelton Group (lmJH)

The Lower to Middle Jurassic Hazelton Group comprises arc-related, calc-alkaline, volcano-sedimentary rock sequences. The central and western belts include metavolcanic and metasedimentary rocks intruded by gabbro, diorite, and quartz diorite. Discrete tectonic lenses of volcanic breccia, sedimentary rock, gabbro, and felsic intrusive rock are also prevalent in the Hazelton Group (Evenchick, *et al*., 2006).

GEOCHEMISTRY

Silt Sampling

A total of 19 silt samples were taken during the survey. Silt samples were taken from active silts, generally from near the centre of the stream. Approximately 0.5 kg of material with the very coarse fraction sorted out by hand was placed in kraft sample bags and labeled using a code comprising the samplers' initial(s) plus a unique sample number.

Samples were air dried at the hotel and shipped for analysis to Acme Analytical Laboratories in Vancouver, B.C. Analytical procedures are described in Appendix B.

Table 2. Silt Samples

Sample #	Type	Easting	Northing	Alt(m)	Zone	Lab	Certificate #
O-156	Silt	454434	6409743	1549	9	Acme	A604393
O-159	Silt	454910	6409780	1524	9	Acme	A604393
O-162	Silt	454846	6409541	1513	9	Acme	A604393
O-170	Silt	453536	6409913	1527	9	Acme	A604393
O-174	Silt	453100	6409772	1474	9	Acme	A604393
O-176	Silt	453304	6409443	1417	9	Acme	A604393
O-179	Silt	453731	6408899	1287	9	Acme	A604393
O-181	Silt	454191	6408846	1289	9	Acme	A604393
RH-L-6034	Silt	454510	6410450	1445	9	Acme	A604393
RH-L-6035	Silt	454570	6410558	1418	9	Acme	A604393
RH-L-6036	Silt	455171	6410469	1241	9	Acme	A604393
RH-L-6037	Silt	455026	6411029	1286	9	Acme	A604393
RH-L-6038	Silt	454504	6411733	1197	9	Acme	A604393
RH-L-6039	Silt	454384	6411752	1170	9	Acme	A604393
RH-L-6040	Silt	453835	6411590	1174	9	Acme	A604393
RH-L-6041	Silt	453783	6411597	1164	9	Acme	A604393
RH-L-6042	Silt	453389	6411041	1264	9	Acme	A604393
RH-L-6043	Silt	453384	6411045	1265	9	Acme	A604393
RH-L-6044	Silt	452666	6410825	1417	9	Acme	A604393

Coordinates are UTM NAD83

Moss Mat Sampling

A total of 15 moss mat samples were taken during the survey. Moss mat samples were collected to analyze any silt which might have been deposited during the spring freshet, and served to increase stream sampling density in cases where stream dynamics failed to form active silt deposits. A volume of moss measuring approximately 20cm in diameter was collected and placed in plastic sample bags and labeled using a code comprising the samplers' initial(s) plus a unique sample number. Samples were air dried at the hotel and shipped for analysis to Acme Analytical Laboratories in Vancouver, B.C. Analysis procedures are described in Appendix B.

Table 3. Moss Mat Samples

Sample #	Type	Easting	Northing	Alt(m)	Zone	Lab	Certificate #
O-157	Moss	454434	6409743		9	Acme	A604392
O-160	Moss	454910	6409780		9	Acme	A604392
O-163	Moss	454846	6409541		9	Acme	A604392
O-171	Moss	453536	6409913		9	Acme	A604392
O-175	Moss	453100	6409772		9	Acme	A604392
O-177	Moss	453304	6409443		9	Acme	A604392
O-180	Moss	453731	6408899		9	Acme	A604392
O-182	Moss	454191	6408846		9	Acme	A604392
RH-M-6018	Moss	455171	6410469	1241	9	Acme	A604392
RH-M-6019	Moss	453660	6411346	1184	9	Acme	A604392
RH-M-6020	Moss	453066	6410955	1354	9	Acme	A604392
RH-M-6021	Moss	453037	6410955	1357	9	Acme	A604392
RH-M-6022	Moss	452666	6410825	1417	9	Acme	A604392
RH-M-6023	Moss	452455	6410877	1434	9	Acme	A604392
RH-M-6024	Moss	452454	6410866	1433	9	Acme	A604392

Coordinates are UTM NAD83

Rock Sampling

A total of 15 rock samples were collected during the survey. Rock chip samples were taken from float, sub-outcrop and bedrock as individual conditions allowed. Approximately 2.5 kg to 5.0 kg of chips measuring approximately 2 cm in size were collected in a representative manner from the sampled medium. Samples were placed in plastic sample bags and labeled using a code comprising the samplers' initial(s) plus a unique sample number. Samples were shipped for analysis to Acme Analytical Laboratories in Vancouver, B.C. Analytical procedures are described in Appendix B.

Table 4. Rock Samples

Sample #	Type	Easting	Northing	Alt(m)	Zone	Description
O-154	Rock	454070	6410067	1550	9	Stikine Assemblage marine sedimentary rocks
O-155	Rock	454149	6409889	1561	9	Stikine Assemblage marine sedimentary rocks
O-158	Rock	454807	6409926	1539	9	Stikine Assemblage marine sedimentary rocks
O-161	Rock	454936	6409769	1522	9	Stikine Assemblage marine sedimentary rocks
O-164	Rock	454790	6409343	1511	9	Stikine Assemblage marine sedimentary rocks
O-165	Rock	454549	6409498	1536	9	Stikine Assemblage marine sedimentary rocks
O-166	Rock	454451	6409594	1528	9	Stikine Assemblage marine sedimentary rocks
O-167	Rock	454252	6409666	1561	9	Stikine Assemblage marine sedimentary rocks
O-168	Rock	453967	6409873	1584	9	Stikine Assemblage marine sedimentary rocks
O-169	Rock	453710	6409945	1550	9	Stikine Assemblage marine sedimentary rocks
O-172	Rock	453051	6410118	1552	9	Stikine Assemblage marine sedimentary rocks
O-173	Rock	452896	6410135	1573	9	Stikine Assemblage marine sedimentary rocks
O-178	Rock	453405	6409236	1391	9	Stikine Assemblage marine sedimentary rocks
RH-R-6016	Rock	454440	6410416	1495	9	Mafic volc with 15% sub mm qtz-cbnt vnlts+0.5% py
RH-R-6017	Rock	453389	6411041	1264	9	Vein qtz+cbnt brecciated argillite trc cpy, 0.2% py.

Coordinates are UTM NAD83. Results on Acme Certificate A604391

RESULTS

Silt Samples

A single silt sample taken from an easterly flowing stream draining a portion of the eastern part of the property contained highly anomalous copper. A second sample taken from an easterly flowing stream located 800 m to the northwest also contained elevated copper.

Moss Mat Samples

A moss mat sample taken from the easterly flowing stream draining a portion of the eastern part of the property contained highly anomalous copper. A second sample draining the centre of the property contained elevated copper.

Rock Samples

Rock samples taken from the property contained low values for all elements analysed.

Discussion

The lack of persistent anomalous copper values in stream sediments or on moss mats likely precludes the presence of a porphyry copper deposit.

Based on field observations, this claim is unlikely to overlie a large discordant intrusive alteration zone or semi-conformable stratigraphic alteration zone.

CONCLUSION

It is recommended that no further exploration work be performed on the property by Amarc Resources Ltd.

Respectfully Submitted

David Yeager, P.Geo.

Colin Smith

REFERENCES

British Columbia Ministry of Forests Public Website**.** October 13, 2006.
http://www.for.gov.bc.ca/dja/page1.htm

British Columbia Ministry of Energy, Mines and Petroleum Resources, Public Website**.** October 13, 2006. http://www.webmap.em.gov.bc.ca/mapplace/minpot/ex_assist.cfm

British Columbia Ministry of Energy, Mines and Petroleum Resources, MINFILE Public Website**.** October 13, 2006.
http://www.em.gov.bc.ca/Mining/Geolsurv/minfile/

MacIntyre, D.G., Villeneuve, M.E., Schiarizza, P**.,** 2001: Timing and tectonic setting of Stikine Terrane magmatism , Babine-Takle lakes area, central British Columbia. Canadian Journal of Earth Sciences, v. 28, p. 579-601.

Schiarizza, P., MacIntyre, D.G**.,** 1999: Geology of the Babine-Takla lakes area, central British Columbia. British Columbia Ministry of Energy and Mines, Paper 1999-1, p. 33-68.

STATEMENTS OF AUTHORS’ QUALIFICATIONS

I, David A. Yeager, do hereby state:

1. That I am the Corporate Coordinator of Amarc Resources Ltd., with offices located at 1020 – 800 West Pender Street, Vancouver, B.C.
2. That I am a member of the Association of Professional Engineers and Geoscientists of the Province of British Columbia holding License Number 19855.
3. That I am a graduate of the University of British Columbia (B.Sc., 1972) and have been employed as an exploration and mining geologist since that time.
4. That my experience has given me considerable knowledge in geological, geochemical and geophysical prospecting techniques as well as in the planning, execution and evaluation of exploration drilling programs.
5. That the program described in this report was performed under my supervision.
6. That the accompanying Statement of Costs is an accurate statement of expenditures on the project.

Signed on the _____ day of _______________ , 2006.

David A. Yeager, P.Geo.

I, Colin M. Smith, do hereby state:

1. That I am a Geological Assistant at Hunter Dickinson Inc., with offices located at 1020 – 800 West Pender Street, Vancouver, B.C.
2. That I am currently a 4th year (B.Sc.) student at the University of British Columbia, and expect to become a graduate during April 2007.
3. That my experience includes geological mapping and sampling, map digitization, Assessment Report research and site inspection, and general prospecting techniques.

Signed on the _____ day of _____________, 2006.

Colin M. Smith

STATEMENT OF COSTS

COPPER 246 Geochemical Program

Direct Labour		
Oliver Geoscience International Ltd.		
1 day @ $740/day =		740.00
Richard Haslinger, P.Eng.		
1 day @ $500/day =		500.00
Richard Lyons		
1 day @ $472/day =		472.00
Richard Roe		
1 day @ $325/day =		325.00
Allocated Labour (on basis of number of field days per project)		
1/8 share of the following mob/demob/traveling days/weather days:		
Oliver Geoscience International Ltd.	2,220.00	
Richard Haslinger, P.Geo.:	1,500.00	
Richard Lyons:	1,888.00	
Richard Roe:	1,300.00	
Sub-total:	6,908.00	
Allocation =	1/8 x $6,908.00 =	863.50
Helicopter		
2.1 hours		2,121.48
Assay		
Acme Analytical Labs Ltd.		758.01
Trim Maps		
Meridian Mapping Ltd.		250.00
Allocated Expenses (on basis of number of field days per project)		
1/8 share of the following expenses incurred on Stewart-Cassiar properties:		
Truck rentals:	2,366.00	
Sat Phone rentals:	167.93	
Freight:	557.06	
Field Supplies:	1,266.20	
Richard Roe expenses:	510.35	
Richard Haslinger expenses:	4,070.50	
Jim Oliver expenses:	3,272.90	
Sub-total:	12,210.94	
Allocation =	1/8 x $12,210.94 =	1,526.37
	TOTAL:	**$ 7,556.36**

APPENDIX A: CERTIFICATES OF ANALYSES

ACME ANALYTICAL LABORATORIES LTD.   852 E. HASTINGS ST. VANCOUVER BC V6A 1R6   PHONE(604)253-3158 FAX(604)253-1716
(ISO 9002 Accredited Co.)

GEOCHEMICAL ANALYSIS CERTIFICATE

AMARC Resources PROJECT Iskut ROE4   File # A604392   Page 1
1020 - 800 W. Pender St., Vancouver BC V6C 2V6   Submitted by: Rick Roe

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm	Sample gm	Ash gm
G-1	.6	2.9	3.0	46	<.1	6.5	4.4	525	1.92	<.5	2.4	1.1	3.3	41	<.1	<.1	.1	38	.45	.080	5	57	.61	224	.129	8	.89	.071	.49	<.1	<.01	2.9	.3	<.05	5	<.5	-	-
RH-M-6016	.8	90.2	13.3	117	<.1	83.4	22.1	706	3.59	4.6	.3	94.9	1.1	47	.8	.4	.1	86	.87	.117	6	72	1.93	101	.113	6	1.93	.022	.14	.1	<.01	5.7	.1	.06	6	<.5	199	188.0
RH-M-6017	1.4	208.0	18.8	183	<.1	72.9	23.8	905	4.22	9.3	.5	9.4	1.3	93	.8	.4	.1	119	1.71	.210	9	91	2.12	124	.112	12	2.24	.019	.34	.1	<.01	9.9	.1	.14	7	1.2	196	159.3
RH-M-6018	1.5	49.7	4.7	89	<.1	39.8	15.1	761	3.46	7.4	.6	12.4	1.5	70	.4	.8	.1	64	1.20	.174	10	32	1.09	145	.053	12	1.69	.030	.22	.1	<.01	8.1	.1	.12	6	1.2	195	158.3
RH-M-6019	1.6	57.7	5.7	88	<.1	44.2	19.3	795	4.06	21.4	.6	34.1	1.5	38	.4	.7	.2	67	1.13	.123	9	38	1.52	130	.044	8	1.85	.023	.19	.1	<.01	6.9	.1	.12	6	1.0	198	167.2
RH-M-6020	1.8	47.8	7.1	110	<.1	48.6	19.6	817	4.55	21.7	2.1	13.9	2.1	73	.4	1.1	.2	61	2.06	.118	12	32	1.61	209	.094	10	1.99	.024	.20	.1	<.01	6.7	.1	.14	6	.8	197	163.0
RH-M-6021	1.2	45.2	4.8	87	<.1	49.4	18.3	662	3.90	16.3	.4	15.5	1.2	29	.3	.8	.1	65	.99	.115	8	38	1.53	119	.067	6	1.61	.018	.15	.1	<.01	5.4	.1	.10	5	.5	195	169.9
RH-M-6022	1.3	60.5	4.4	89	<.1	50.0	18.2	702	3.84	16.1	.6	11.1	1.2	30	.4	.9	.1	65	1.10	.121	8	38	1.50	118	.064	5	1.70	.023	.17	.1	<.01	5.4	.1	.13	6	1.9	193	174.7
RH-M-6023	1.3	39.9	4.5	95	<.1	55.3	19.0	676	4.08	14.5	.4	7.4	1.4	26	.3	.7	.1	62	.70	.108	8	36	1.61	122	.094	3	1.53	.017	.12	.1	<.01	4.9	<.1	.11	5	.8	197	187.7
RH-M-6024	1.1	80.8	3.9	92	<.1	45.6	17.7	742	3.61	17.4	.3	9.0	1.0	27	.4	.8	.1	63	1.46	.109	7	38	1.66	82	.054	2	1.55	.010	.13	.1	<.01	5.1	<.1	.10	5	.8	200	186.6
RH-M-6025	2.7	57.9	8.9	266	.2	185.8	47.1	7079	5.90	13.2	.3	5.6	1.2	79	2.3	.8	.1	54	.61	.166	6	76	1.36	209	.007	5	2.05	.023	.30	<.1	<.01	5.8	.3	.11	6	3.8	198	168.4
RH-M-6026	1.4	40.9	10.0	247	.2	103.5	29.6	3651	3.86	8.9	.2	1.8	1.0	80	1.1	.7	.1	52	.60	.151	7	66	1.30	149	.010	5	2.41	.016	.36	.1	<.01	4.6	.1	.12	6	.7	196	167.4
RH-M-6027	1.6	46.6	8.9	251	.2	102.8	28.4	2997	4.07	8.3	.2	3.2	.9	88	.9	.7	.1	50	.70	.169	7	66	1.26	132	.008	5	2.38	.025	.46	<.1	<.01	4.1	.2	.09	6	1.6	194	156.2
RH-M-6028	1.7	41.5	11.1	182	.1	89.7	25.9	2245	3.76	8.9	.2	2.8	1.0	96	.7	.8	.1	53	.83	.153	6	64	1.21	132	.009	5	2.37	.023	.28	<.1	<.01	4.3	.1	.11	6	2.4	192	140.8
0-132	7.7	143.6	17.8	230	.2	192.2	30.3	5949	5.18	13.4	1.7	2.8	1.4	85	3.8	.6	.1	136	1.85	.358	8	196	2.73	131	.126	6	2.70	.018	.23	.2	<.01	8.0	.2	.23	8	3.3	197	159.0
0-134	3.3	112.0	14.8	167	<.1	98.5	28.5	4156	5.25	13.5	.6	1.9	1.5	93	.8	.5	.1	126	1.62	.211	8	100	2.28	155	.163	9	2.42	.027	.27	.1	<.01	7.1	.1	.18	8	1.0	196	145.2
0-136	3.0	239.6	75.6	241	.2	182.1	33.5	2610	5.04	28.6	.6	2.6	1.3	100	2.5	.7	.1	135	1.72	.236	8	173	3.29	106	.130	7	2.78	.018	.29	.2	<.01	7.3	.2	.18	8	1.6	195	145.6
0-138	1.8	412.4	93.1	511	.2	187.2	28.5	958	3.88	5.4	.7	2.1	1.4	98	4.1	.7	.1	97	1.70	.209	8	139	2.76	72	.126	7	2.56	.016	.21	.1	<.01	5.7	.2	.10	7	1.7	198	160.1
0-140	1.7	125.4	12.3	94	<.1	100.3	24.8	977	4.21	5.4	.4	6.0	1.9	38	.3	.5	.1	89	.76	.125	10	91	1.95	162	.161	6	2.34	.033	.22	.1	<.01	8.4	.1	<.05	7	<.5	197	182.9
0-141	1.5	273.7	9.5	91	<.1	106.8	24.9	982	4.24	6.2	.6	2.7	1.5	62	.8	.7	.1	120	1.44	.152	9	98	2.28	148	.164	10	2.43	.029	.25	.1	<.01	9.7	.1	.09	8	1.3	196	150.2
0-143	1.3	208.3	42.1	168	.1	142.5	28.3	1106	4.18	11.3	.5	3.4	1.1	66	1.3	.6	.1	107	1.17	.172	6	122	2.65	73	.136	5	2.34	.015	.16	.1	<.01	6.5	.1	.08	7	.9	198	174.2
0-145	1.6	223.6	41.1	168	.1	134.7	27.5	1056	4.15	9.9	.5	3.4	1.1	71	1.6	.6	.1	107	1.26	.178	6	116	2.60	84	.139	6	2.21	.017	.20	.1	<.01	6.3	.1	.09	7	1.0	196	172.1
0-146	4.3	496.4	9.4	191	.2	111.8	24.0	1337	3.84	4.6	2.0	3.2	1.3	291	3.1	1.8	.1	240	9.96	.475	10	127	2.34	250	.128	62	2.45	.036	.43	.1	<.01	15.0	.1	.55	10	7.2	200	69.1
0-147	19.0	209.9	6.7	165	.1	78.6	28.1	15554	4.52	7.1	5.9	3.8	1.0	1076	2.5	3.3	.1	360	17.85	.566	7	130	2.01	347	.086	198	1.49	.042	.55	.1	<.01	6.5	.1	1.13	6	15.8	197	46.7
0-148	2.3	264.5	6.1	76	<.1	89.9	21.8	879	4.01	2.9	1.0	3.4	1.2	438	.6	2.0	.1	132	5.40	.223	9	100	2.07	214	.133	35	2.28	.032	.25	.1	<.01	13.4	.1	.33	9	3.9	199	138.3
0-150	1.2	123.4	5.6	59	<.1	100.1	26.1	758	3.92	2.5	.5	1.1	1.2	338	.3	.4	<.1	102	7.36	.148	7	143	2.50	289	.125	17	1.99	.024	.22	.1	<.01	10.4	.1	.14	6	1.4	194	146.8
0-157	2.8	56.5	6.7	186	.2	38.1	18.1	2640	3.44	77.4	2.5	4.9	1.7	22	1.1	1.0	.1	43	.78	.211	12	16	1.30	136	.011	5	2.31	.016	.26	.1	<.01	5.6	.1	.19	5	2.9	196	174.5
0-160	3.1	331.7	6.2	161	<.1	42.3	20.1	1729	4.10	7.0	1.1	8.8	1.6	58	.8	.9	.2	75	2.51	.277	18	21	1.21	188	.031	11	2.45	.030	.46	<.1	<.01	11.6	.1	.39	8	23.3	198	137.2
0-163	2.3	80.9	7.4	247	.1	74.0	21.9	1331	4.51	13.4	4.5	5.3	2.7	62	1.0	1.1	.1	69	2.45	.296	16	40	1.61	238	.127	9	2.50	.034	.32	.1	<.01	11.9	.1	.27	9	6.8	197	132.0
0-171	2.7	176.1	7.4	247	.2	66.4	23.9	1693	4.56	15.9	4.3	7.5	2.3	130	1.8	1.4	.1	63	3.20	.326	19	46	1.53	308	.091	9	2.37	.026	.25	.1	<.01	16.2	.1	.43	7	14.7	195	116.6
RE 0-171	2.9	182.4	7.6	250	.2	64.8	23.7	1830	4.61	16.1	4.4	5.0	2.3	136	1.7	1.4	.1	64	3.31	.318	20	47	1.52	317	.096	11	2.40	.031	.25	.1	<.01	17.8	.1	.43	7	15.0	-	-
0-175	6.9	89.0	6.5	231	.1	65.3	16.9	958	4.08	26.8	2.4	21.3	2.1	47	1.0	2.5	.1	64	1.91	.191	14	31	1.30	142	.047	5	1.76	.018	.22	.1	<.01	8.2	.2	.15	5	4.9	194	147.1
0-177	1.2	57.3	4.8	85	<.1	45.9	19.1	941	4.37	12.1	1.0	9.3	1.1	39	.3	.7	.1	63	1.31	.110	7	44	1.53	146	.047	5	1.88	.019	.16	.1	<.01	7.6	.1	.11	5	1.2	199	173.1
0-180	.8	57.4	5.8	73	<.1	51.2	21.5	935	4.12	9.5	.4	8.9	1.1	35	.3	.7	.1	83	1.29	.112	8	63	1.77	149	.058	5	2.09	.017	.15	.1	<.01	8.0	<.1	.06	6	<.5	197	180.1
0-182	3.9	91.8	7.6	95	.2	62.1	24.1	1075	4.92	43.4	.8	8.9	1.2	38	.3	1.5	.1	63	1.06	.138	11	49	1.59	134	.034	4	1.96	.015	.13	.1	<.01	9.1	.1	.13	5	3.1	200	172.3
STANDARD DS7	20.7	107.3	68.8	415	.9	55.7	9.6	619	2.38	47.7	4.8	71.6	4.3	66	6.2	5.7	4.4	84	.92	.078	11	167	1.03	365	.118	38	.93	.072	.43	3.9	.20	2.6	4.2	.22	4	3.0	-	-

GROUP 1DX - 15 GM SAMPLE LEACHED WITH 90 ML 2-2-2 HCL-HNO3-H2O AT 95 DEG. C FOR ONE HOUR, DILUTED TO 300 ML, ANALYSED BY ICP-MS.
(>) CONCENTRATION EXCEEDS UPPER LIMITS. SOME MINERALS MAY BE PARTIALLY ATTACKED. REFRACTORY AND GRAPHITIC SAMPLES CAN LIMIT AU SOLUBILITY.
- SAMPLE TYPE: MOSS MAT VA475   Samples beginning 'RE' are Reruns and 'RRE' are Reject Reruns.

09-04-06 P01:53 OUT

Data ✓ FA ____   DATE RECEIVED: JUL 27 2006   DATE REPORT MAILED:................

Clarence Leong

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm	Sample gm	Ash gm
G-1	.6	2.3	2.7	48	<.1	7.2	4.7	533	1.91	<.5	2.6	1.1	3.5	39	<.1	<.1	.1	40	.47	.082	5	59	.59	222	.127	2	.81	.061	.51	<.1	<.01	2.5	.3	<.05	5	<.5	-	-
0-193	1.6	43.5	12.0	161	.1	101.7	20.1	808	3.88	18.4	.2	2.4	1.1	39	.7	1.7	.2	50	.36	.115	7	63	1.28	92	.006	3	1.85	.014	.13	.1	<.01	4.2	.1	.16	5	1.9	198	188.1
0-195	3.0	59.5	12.7	195	.2	121.2	28.8	1186	4.01	17.2	.4	4.1	1.2	77	1.2	2.6	.1	47	.66	.126	6	60	1.23	97	.005	5	1.74	.023	.21	<.1	<.01	5.2	.2	.13	5	2.4	199	166.0
0-197	2.2	216.6	12.2	292	.1	136.4	26.5	1111	3.77	16.9	.5	3.1	1.0	155	2.3	2.1	.1	52	1.43	.142	6	67	1.40	142	.006	13	2.04	.032	.39	<.1	<.01	6.9	.3	.31	6	6.9	200	160.3
0-199	2.5	57.7	12.9	199	.2	119.0	24.1	1132	3.78	12.7	.3	4.4	1.2	158	1.9	2.7	.1	46	1.38	.225	5	66	1.22	166	.007	10	1.80	.030	.46	.1	<.01	5.3	.2	.19	5	6.1	198	154.6
0-200	2.2	104.5	16.8	313	.1	114.2	46.8	1096	4.19	17.1	.2	3.6	1.0	45	1.0	1.7	.1	48	.33	.109	5	47	1.41	228	.005	4	2.18	.029	.31	<.1	<.01	5.5	.2	.23	6	2.4	197	188.6
0-203	3.7	70.5	28.7	277	.9	97.2	28.8	2935	2.51	1.7	1.1	4.5	1.0	579	2.9	3.4	.2	39	4.51	.561	10	57	.99	316	.023	28	2.04	.066	1.11	.1	<.01	7.7	.3	.81	5	24.1	199	93.1
STANDARD DS7	20.9	109.3	69.0	411	.9	55.6	9.5	621	2.37	47.4	4.8	57.3	4.3	66	6.2	5.6	4.4	85	.91	.078	11	166	1.03	366	.119	39	.95	.076	.43	3.8	.20	2.5	4.2	.20	4	3.3	-	-

Sample type: MOSS MAT VA475.

Data FA

ACME ANALYTICAL LABORATORIES LTD.   852 E. HASTINGS ST. VANCOUVER BC V6A 1R6   PHONE(604)253-3158 FAX(604)253-1716
(ISO 9001 Accredited Co.)

GEOCHEMICAL ANALYSIS CERTIFICATE

AMARC Resources PROJECT Iskut ROE4   File # A604391   Page 1

1020 - 800 W. Pender St., Vancouver BC V6C 2V6   Submitted by: Rick Roe

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm
G-1	.1	3.2	3.2	49	<.1	4.7	4.7	567	2.09	<.5	2.6	.8	4.1	70	<.1	<.1	.1	41	.62	.087	8	7	.63	241	.136	1	1.03	.097	.54	.1	<.01	2.2	.4	<.05	5	<.5
RH-R-6007	.3	43.1	5.0	17	.2	9.6	9.1	2363	3.25	27.4	.1	4.2	.1	327	.2	.5	<.1	49	20.19	.025	3	20	2.19	11	.003	<1	.88	.005	.02	.1	<.01	4.3	<.1	.87	3	<.5
RH-R-6008	1.3	267.2	1.4	43	<.1	83.0	35.7	925	5.15	2.6	.3	8.3	1.1	168	<.1	.2	<.1	203	4.05	.226	8	188	4.00	200	.174	3	3.04	.060	1.63	.1	.01	14.9	.2	.06	9	<.5
RH-R-6009	.4	153.1	1.1	66	<.1	47.3	21.6	558	3.22	3.1	.2	1.7	.5	60	.2	.2	<.1	104	2.38	.155	2	60	2.11	75	.177	3	2.32	.071	.91	.2	<.01	5.0	.2	<.05	5	<.5
RH-R-6010	2.6	153.3	2.8	18	.3	5.4	8.6	1055	1.38	66.8	.8	19.8	3.0	59	.1	2.2	<.1	22	2.73	.061	15	2	.77	94	.003	3	.49	.044	.19	.1	<.01	1.3	<.1	.37	2	<.5
RH-R-6012	.2	86.5	1.2	29	<.1	27.5	22.3	1473	3.50	4.3	.1	3.4	.3	78	<.1	.1	<.1	161	9.01	.140	3	89	2.12	24	.012	2	1.58	.021	.08	.1	<.01	14.3	<.1	<.05	8	<.5
RH-R-6012A	.9	451.4	1.4	49	.1	33.1	34.5	804	5.15	8.5	.3	2.5	.9	72	<.1	.3	<.1	212	2.13	.266	7	29	2.78	71	.147	2	2.72	.036	.87	.1	.01	14.2	.1	.11	8	<.5
RH-R-6013	.2	55.6	9.5	43	.1	7.1	10.7	606	2.13	3.1	.5	2.6	1.9	365	.1	.4	<.1	62	3.94	.079	11	15	.87	89	.143	2	1.55	.065	.09	<.1	<.01	5.5	<.1	<.05	7	<.5
RH-R-6014	.3	86.5	3.8	43	.1	10.5	23.8	605	3.40	3.2	.4	2.5	.8	241	.1	.7	<.1	88	2.37	.112	5	16	1.30	175	.152	3	1.68	.049	.07	.1	<.01	5.7	<.1	<.05	7	<.5
RH-R-6015	.3	2.6	.5	45	<.1	3.0	3.7	361	1.41	2.2	.4	1.1	2.7	15	<.1	.1	<.1	19	.29	.032	15	11	.50	48	.018	1	.74	.103	.10	.1	<.01	1.6	<.1	<.05	5	<.5
RH-R-6016	.4	153.8	.8	9	<.1	10.6	13.7	1633	4.00	7.2	.2	2.1	.8	50	<.1	.2	.1	84	6.40	.091	9	15	1.87	18	.004	2	.78	.098	.04	<.1	.01	14.4	<.1	.28	4	<.5
RH-R-6017	1.4	37.5	.5	35	<.1	5.5	5.7	918	2.34	2.5	.3	2.2	2.0	25	<.1	.1	<.1	18	2.94	.026	12	9	1.40	47	.014	2	.58	.069	.09	.2	<.01	1.9	<.1	.07	4	<.5
RH-R-6018	1.6	67.5	7.2	120	.1	156.4	14.7	292	3.92	8.0	.2	<.5	1.2	10	.5	.5	.2	68	.11	.059	6	128	1.85	97	.003	5	2.49	.018	.17	<.1	.05	4.7	.1	.18	8	.8
RH-R-6019	4.7	4.1	22.3	29	<.1	1.9	2.8	99	3.13	142.8	.3	1.2	2.1	28	<.1	12.3	<.1	6	.56	.091	23	4	.09	50	.005	2	.59	.010	.53	.1	.57	1.6	3.0	3.19	3	<.5
RH-R-6020	3.9	40.7	14.8	87	.3	134.1	16.1	963	4.54	14.9	.1	<.5	1.1	13	.2	1.4	.1	69	.13	.075	6	103	1.49	101	.003	6	2.18	.018	.19	<.1	.15	4.8	.1	.94	6	2.2
RH-R-6021	.7	2.8	19.8	29	<.1	1.9	2.2	159	1.06	60.1	.6	.6	2.3	30	.1	5.6	<.1	4	.34	.088	33	2	.07	176	.003	4	.52	.033	.39	.1	.48	1.6	.8	.58	2	<.5
RH-R-6022	1.4	30.7	10.6	64	<.1	49.1	24.5	1081	4.79	8.7	.3	1.4	.9	36	.2	.5	.2	133	2.18	.212	14	66	2.31	55	.234	11	3.22	.054	.07	.1	.01	6.6	<.1	1.60	11	.7
0-130	.2	117.6	1.1	31	<.1	64.9	22.5	484	3.07	1.5	.2	.8	.5	46	.1	.3	<.1	91	1.16	.238	2	80	2.16	44	.182	1	2.05	.059	.69	.2	<.01	3.1	.1	<.05	5	<.5
0-135	1.7	41.3	107.6	310	<.1	14.1	5.9	980	1.44	15.1	1.2	2.8	2.9	56	11.4	.6	.1	16	5.20	.027	11	16	1.08	22	.002	5	.46	.029	.26	.1	.02	2.2	.1	.18	2	<.5
0-154	.1	34.2	1.2	60	<.1	48.4	25.5	889	4.23	2.0	.5	.5	1.3	54	.1	.3	<.1	86	3.31	.091	10	78	3.35	63	.277	1	3.29	.022	.20	.2	.01	7.7	<.1	<.05	8	<.5
0-155	.9	17.0	3.9	99	.1	9.0	6.0	309	3.37	3.5	.4	1.5	1.0	5	.3	.6	.1	43	.13	.047	7	13	2.63	255	.035	3	2.64	.020	.23	<.1	<.01	4.5	<.1	.13	7	.8
0-158	.5	.9	1.0	15	<.1	3.5	8.2	752	3.44	4.4	.9	1.1	1.7	26	<.1	.5	<.1	112	3.67	.070	15	3	.84	27	.070	3	.80	.079	.05	.2	.01	7.7	<.1	<.05	6	<.5
0-161	1.8	23.4	2.6	25	<.1	6.6	18.2	249	5.92	8.8	.2	8.0	1.4	9	<.1	.1	.7	126	.09	.098	13	15	1.40	61	.002	9	2.13	.047	.32	<.1	.01	6.2	<.1	1.03	9	5.9
0-164	3.9	16.5	6.9	39	.4	12.3	.9	167	2.08	12.4	.5	<.5	.6	9	<.1	1.5	.1	44	.03	.036	5	12	1.08	166	.003	1	1.28	.017	.10	<.1	.03	2.2	<.1	.06	4	2.7
0-165	1.5	14.3	7.1	33	.6	9.9	1.7	129	1.63	17.9	.7	2.0	.6	5	<.1	2.2	.1	45	.06	.027	2	11	1.05	147	.005	1	1.04	.022	.08	<.1	.02	2.4	<.1	.06	3	1.6
RE 0-165	1.4	14.3	6.8	31	.6	10.3	1.7	126	1.59	16.9	.6	1.6	.6	5	<.1	2.2	.1	44	.04	.027	2	10	1.03	139	.005	1	1.02	.022	.08	<.1	.02	2.3	<.1	.06	3	1.6
0-166	5.2	12.4	9.2	38	.4	12.1	2.7	116	2.77	28.6	.8	.5	1.0	6	<.1	2.3	.1	31	.03	.028	5	9	1.41	202	.003	3	1.51	.023	.16	.1	.02	2.7	.1	.75	4	4.1
0-167	5.4	18.9	4.9	27	.3	14.0	1.7	100	1.72	25.4	.7	.6	.8	9	<.1	1.9	.1	20	.05	.047	4	5	.78	218	.002	2	.96	.017	.15	.1	.02	1.4	<.1	.06	2	1.3
0-168	.2	50.0	1.9	111	.2	13.7	32.8	1166	8.06	3.8	.2	2.2	.4	87	.3	.1	<.1	321	2.58	.291	10	13	2.76	90	.292	1	3.39	.031	.04	.1	<.01	12.4	<.1	<.05	15	<.5
0-169	.2	17.6	1.9	81	<.1	6.7	7.6	299	3.54	2.8	.2	<.5	1.3	5	<.1	.2	<.1	34	.09	.050	7	5	2.06	71	.004	2	2.42	.020	.20	<.1	<.01	3.3	<.1	.20	7	.6
0-172	.1	21.2	1.4	93	<.1	48.9	27.1	995	5.45	.8	.1	<.5	.6	30	.1	.2	<.1	120	1.05	.112	4	75	3.91	75	.128	2	3.92	.034	.23	<.1	.02	11.2	<.1	<.05	11	<.5
0-173	.1	1.4	1.0	5	<.1	1.6	.6	210	.28	.9	.3	<.5	.1	199	<.1	.2	<.1	3	30.45	.011	2	<1	5.73	7	.001	1	.05	.005	.02	<.1	<.01	.9	<.1	<.05	<1	.7
0-178	.1	24.6	.4	77	<.1	11.1	28.5	1083	7.17	.8	.1	.7	.3	71	.1	.2	<.1	264	2.65	.382	11	8	2.27	129	.186	1	2.46	.051	.10	<.1	<.01	14.1	<.1	<.05	14	<.5
0-191	2.6	5.2	15.7	16	.6	2.6	2.5	42	2.93	9.1	.3	<.5	1.1	11	.1	1.7	.1	13	.13	.016	9	5	.05	33	.002	2	.38	.032	.24	<.1	.20	.9	.1	3.19	1	<.5
0-202	2.7	47.6	9.5	108	.3	102.4	13.2	570	4.65	12.1	.1	<.5	1.3	15	.3	.9	.2	65	.13	.063	7	79	1.62	175	.003	10	2.69	.019	.32	<.1	.14	5.6	.2	.86	7	1.6
STANDARD DS7	21.4	111.5	71.4	414	.9	57.5	9.8	636	2.42	48.7	5.0	75.8	4.7	72	6.5	6.2	4.6	86	.95	.078	15	177	1.06	375	.127	40	.98	.078	.44	3.9	.20	2.5	4.2	.22	5	3.8

GROUP 1DX - 15 GM SAMPLE LEACHED WITH 90 ML 2-2-2 HCL-HNO3-H2O AT 95 DEG. C FOR ONE HOUR, DILUTED TO 300 ML, ANALYSED BY ICP-MS.
(>) CONCENTRATION EXCEEDS UPPER LIMITS. SOME MINERALS MAY BE PARTIALLY ATTACKED. REFRACTORY AND GRAPHITIC SAMPLES CAN LIMIT AU SOLUBILITY.
- SAMPLE TYPE: ROCK R150   Samples beginning 'RE' are Reruns and 'RRE' are Reject Reruns.

2006-08-18 P03:01

Data FA   DATE RECEIVED: JUL 27 2006 DATE REPORT MAILED:.................

BRITISH COLUMBIA CERTIFIED ASSAYER
Raymond Chan

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm
G-1	.2	4.3	3.5	48	<.1	4.8	4.5	552	2.04	.7	2.6	.9	4.3	77	<.1	<.1	.1	41	.65	.080	10	6	.61	227	.142	1	1.05	.099	.51	.1	<.01	2.5	.4	<.05	5	<.5
O-204	1.5	32.0	6.3	84	<.1	113.7	14.3	659	3.17	5.3	.1	1.1	1.3	11	.2	.5	.1	41	.08	.050	10	82	1.20	110	.002	6	1.78	.017	.21	<.1	.04	3.4	.1	<.05	5	.8
O-205	.7	1.9	9.3	61	<.1	1.7	4.0	415	1.80	.9	1.2	<.5	6.7	60	.1	.1	.2	14	1.42	.137	43	3	.17	955	.002	4	.94	.050	.38	<.1	.06	2.5	.1	.06	3	<.5
O-206	.7	2.2	8.6	57	<.1	4.4	4.8	606	1.83	1.2	1.1	1.8	6.9	86	.2	.1	.1	14	1.49	.133	44	2	.07	1542	.004	4	.74	.043	.36	<.1	.02	2.3	.1	<.05	3	.5
STANDARD	20.8	108.5	70.6	409	.9	56.5	9.7	633	2.42	48.0	5.0	61.1	4.7	72	6.4	5.9	4.6	86	.95	.078	15	177	1.06	367	.128	40	1.00	.079	.44	3.8	.20	2.6	4.2	.21	5	3.9

Standard is STANDARD DS7.

Data ___ FA ___

ACME ANALYTICAL LABORATORIES LTD. 852 E. HASTINGS ST. VANCOUVER BC V6A 1R6 PHONE(604)253-3158 FAX(604)253-1716
(ISO 9001 Accredited Co.)

GEOCHEMICAL ANALYSIS CERTIFICATE

AMARC Resources PROJECT Iskut ROE4 File # A604393 Page 1

1020 - 800 W. Pender St., Vancouver BC V6C 2V6 Submitted by: Rick Roe

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm
G-1	.2	2.4	2.5	36	<.1	3.1	3.7	486	1.84	<.5	2.6	<.5	3.8	69	<.1	<.1	.1	37	.54	.087	7	7	.54	211	.119	1	.93	.101	.47	<.1	<.01	2.5	.3	<.05	4	<.5
RH-L-6022	2.3	90.2	17.8	170	.1	48.0	21.3	1088	4.31	16.5	.4	4.0	.9	55	.4	.5	.1	96	.90	.123	10	60	1.60	82	.119	2	1.84	.009	.13	.1	.03	4.6	.1	.06	6	.6
RH-L-6023	4.2	104.6	15.5	259	.1	42.7	14.3	1292	4.06	28.2	.6	2.7	1.1	79	.8	.6	.1	78	1.24	.078	14	43	.98	122	.113	2	1.96	.011	.06	.1	.05	4.8	.1	.09	7	1.2
RH-L-6024	1.1	195.3	47.4	294	.2	124.6	25.3	894	4.26	6.2	.4	1.5	1.1	70	2.2	.4	.2	87	1.00	.107	9	97	2.19	117	.202	2	2.28	.011	.09	.1	.02	6.0	.1	<.05	7	.5
RH-L-6025	1.1	86.4	19.8	108	.1	101.0	28.1	1196	4.60	6.5	.3	2.7	1.6	55	.5	.5	.1	92	.77	.106	10	83	2.04	168	.184	2	2.22	.017	.11	.1	.03	7.6	.1	<.05	7	<.5
RH-L-6026	1.1	73.7	14.9	104	<.1	95.4	24.0	774	3.79	5.4	.3	<.5	1.1	45	.6	.4	.1	80	.77	.110	7	73	2.00	112	.137	2	1.93	.016	.08	.1	.03	5.8	.1	<.05	6	<.5
RH-L-6027	1.0	130.0	20.1	153	<.1	75.3	23.9	767	4.39	10.8	.3	11.9	.9	64	.5	.3	.1	110	1.08	.144	8	94	2.10	111	.116	3	2.10	.011	.26	.1	.03	7.1	.1	<.05	7	.9
RH-L-6028	.9	113.4	17.1	113	<.1	73.8	25.1	843	4.19	9.0	.3	5.5	1.1	55	.4	.2	<.1	117	.92	.152	8	87	2.16	99	.110	2	2.06	.008	.28	.1	.02	6.6	.1	<.05	6	.7
RH-L-6029	1.1	118.2	17.1	137	<.1	65.2	23.8	928	4.06	9.6	.3	4.9	.9	53	.5	.2	.1	124	.94	.148	7	118	2.03	89	.091	1	1.98	.006	.39	.1	.02	5.4	.1	<.05	6	.7
RH-L-6030	1.6	110.0	5.3	101	<.1	59.6	25.7	1178	4.60	8.3	.4	4.5	.9	63	.2	.3	<.1	125	1.05	.149	8	102	2.11	138	.111	2	2.21	.010	.36	.1	.02	7.2	.1	<.05	7	<.5
RH-L-6031	1.4	132.5	5.2	77	<.1	81.4	24.6	830	4.43	10.4	.7	.7	.8	52	.1	.4	<.1	118	1.01	.142	9	102	2.05	131	.100	1	2.20	.009	.19	.1	.02	8.2	.1	<.05	7	<.5
RH-L-6032	6.8	71.1	27.6	252	.1	104.0	28.2	3809	5.59	8.1	.6	8.9	1.0	73	2.0	.4	.1	111	.92	.117	13	91	1.76	168	.210	1	2.34	.009	.07	.1	.03	4.8	.1	<.05	8	1.7
RH-L-6033	1.7	60.8	5.8	158	<.1	101.8	28.4	940	5.33	13.7	.6	1.6	1.6	52	.5	.6	.1	104	.95	.084	15	75	2.14	133	.374	1	1.96	.017	.06	.1	.04	6.2	<.1	<.05	7	.5
RH-L-6034	3.5	123.1	6.0	126	<.1	42.6	27.5	1540	5.58	19.7	.7	9.8	.9	31	.3	.8	.3	77	.63	.089	21	25	.97	189	.049	2	1.73	.009	.05	.1	.07	9.2	.1	.10	6	1.2
RH-L-6035	.7	15.3	3.1	61	<.1	23.0	10.7	1018	3.64	6.2	.6	7.2	1.1	40	.2	.6	.1	59	.55	.105	13	15	.61	189	.049	2	.90	.008	.05	.1	.02	5.0	<.1	<.05	3	<.5
RH-L-6036	1.5	44.9	5.7	61	<.1	44.6	18.5	1142	3.99	9.4	.4	14.5	1.2	37	.2	.9	.1	73	.56	.109	12	36	1.09	162	.061	2	1.33	.009	.06	.1	.03	6.6	<.1	<.05	5	.7
RH-L-6037	1.1	28.9	4.9	58	<.1	23.4	9.0	500	2.80	6.3	.7	2.2	.7	108	.1	.6	.1	49	.86	.078	10	20	.68	153	.027	5	1.05	.008	.05	.1	.04	4.4	<.1	<.05	4	1.3
RE RH-L-6037	1.1	31.0	5.1	55	<.1	25.4	9.4	509	2.98	6.1	.7	3.6	.7	106	.2	.7	.1	53	.85	.080	10	22	.72	151	.030	5	1.08	.008	.06	.1	.05	4.6	<.1	.06	4	1.0
RH-L-6038	1.7	67.6	26.8	202	.2	34.7	17.6	1241	4.16	11.3	.5	5.2	.9	46	.4	.7	.2	74	.86	.082	11	44	1.93	212	.020	4	2.26	.005	.13	.1	.05	9.8	<.1	<.05	6	.7
RH-L-6039	1.6	71.4	4.6	60	<.1	33.8	18.5	981	4.03	9.1	.4	8.4	.7	31	.2	.6	.2	74	.60	.080	11	33	1.05	142	.028	3	1.62	.007	.06	.1	.04	11.4	<.1	<.05	6	.5
RH-L-6040	1.6	41.3	4.6	52	<.1	18.6	14.1	1162	3.81	5.2	.4	11.3	.2	19	.2	.5	.2	90	.35	.080	11	33	.62	248	.020	1	1.73	.006	.04	.2	.04	5.2	<.1	<.05	8	<.5
RH-L-6041	1.3	46.2	4.1	59	<.1	40.5	18.3	720	3.85	17.2	.3	13.8	1.0	26	.2	.6	.1	64	.88	.079	9	35	1.66	101	.045	2	1.62	.006	.04	.1	.13	5.2	<.1	<.05	5	<.5
RH-L-6042	2.8	57.6	8.1	80	.2	37.4	25.4	1013	4.93	36.6	.4	22.0	1.5	32	.4	.5	.3	68	.76	.098	11	35	1.72	125	.014	2	2.08	.004	.05	.1	.02	5.9	<.1	.18	6	.8
RH-L-6043	1.3	38.2	3.8	66	.1	46.2	19.1	626	3.83	15.0	.3	262.8	1.1	23	.2	.7	.1	63	.93	.083	8	33	1.59	84	.071	1	1.41	.006	.04	<.1	.04	4.2	<.1	.09	5	.6
RH-L-6044	1.8	43.3	4.3	82	.1	53.8	19.3	889	4.27	18.3	.4	125.7	1.2	33	.3	.7	.1	65	1.30	.088	10	37	1.70	135	.124	1	1.54	.013	.04	.1	.03	4.9	<.1	<.05	5	.9
RH-L-6045	2.0	54.6	9.8	143	.1	113.9	24.9	1061	4.01	11.9	.1	.9	1.1	33	.4	.8	.1	51	.26	.091	6	77	1.45	88	.002	2	2.07	.004	.05	<.1	.06	4.5	.1	<.05	6	1.4
RH-L-6046	2.5	47.6	10.9	138	.2	100.2	31.4	1275	3.89	11.5	.2	<.5	1.0	41	.6	.7	.1	50	.25	.087	7	66	1.21	108	.001	1	1.96	.004	.05	<.1	.07	3.9	.1	<.05	6	1.3
RH-L-6047	2.2	72.6	11.7	231	.3	126.1	37.8	2202	4.99	15.9	.2	<.5	1.2	32	1.0	1.1	.1	49	.26	.099	5	59	1.33	131	.002	1	2.07	.004	.06	<.1	.09	4.4	.2	.19	6	2.2
RH-L-6048	2.6	48.9	11.1	177	.2	130.2	32.6	2150	4.81	14.1	.1	1.0	1.1	40	.6	.9	.2	52	.31	.103	5	68	1.36	116	.002	2	2.02	.004	.05	<.1	.07	4.3	.1	.16	6	1.6
RH-L-6049	2.0	52.4	10.2	164	.2	116.3	28.6	1763	4.12	12.3	.2	.5	1.2	36	.6	.8	.1	51	.29	.104	6	65	1.41	99	.003	1	2.07	.004	.05	<.1	.07	4.1	.1	.13	6	1.3
RH-L-6050	2.6	61.7	11.9	226	.2	113.9	35.5	5263	4.31	12.9	.1	1.5	1.1	40	.5	.8	.2	49	.21	.069	7	59	1.18	133	.002	1	2.07	.004	.05	<.1	.07	3.9	.2	<.05	6	1.2
RH-L-6051	2.4	65.3	11.5	212	.2	117.5	34.7	6023	4.21	12.4	.1	.8	1.0	53	.5	.8	.2	51	.25	.080	6	58	1.17	141	.002	<1	1.96	.004	.05	.3	.08	4.0	.2	.07	6	1.2
RH-L-6052	2.2	75.1	13.9	205	.2	118.9	40.8	2717	4.42	14.7	.1	1.0	1.0	45	.7	1.0	.2	47	.32	.101	5	64	1.40	202	.002	1	2.22	.004	.05	<.1	.08	3.5	.2	.14	6	1.9
RH-L-6053	1.8	45.7	10.0	154	.2	104.3	25.1	2101	4.07	11.5	.1	<.5	1.0	40	.5	.8	.1	47	.29	.092	5	64	1.39	86	.002	<1	2.04	.004	.05	.1	.07	3.6	.1	.17	6	1.7
RH-L-6054	2.2	56.8	10.6	190	.2	113.6	29.5	3560	4.46	13.2	.1	<.5	1.0	43	.6	.9	.1	49	.28	.096	5	65	1.41	129	.002	1	2.14	.004	.05	<.1	.07	3.7	.1	.13	6	1.3
STANDARD DS7	20.0	109.1	70.7	406	.9	55.4	9.5	627	2.36	48.9	4.9	60.4	4.3	69	6.4	6.0	4.6	84	.93	.081	12	168	1.07	371	.118	40	.95	.076	.45	3.8	.21	2.4	4.2	.22	4	3.2

GROUP 1DX - 15.0 GM SAMPLE LEACHED WITH 90 ML 2-2-2 HCL-HNO3-H2O AT 95 DEG. C FOR ONE HOUR, DILUTED TO 300 ML, ANALYSED BY ICP-MS.
(>) CONCENTRATION EXCEEDS UPPER LIMITS. SOME MINERALS MAY BE PARTIALLY ATTACKED. REFRACTORY AND GRAPHITIC SAMPLES CAN LIMIT AU SOLUBILITY.
- SAMPLE TYPE: SILT SS80 60C <u>Samples beginning 'RE' are Reruns and 'RRE' are Reject Reruns.</u>

08-22-2006 P04:42

Data ___ FA ____ DATE RECEIVED: JUL 27 2006 DATE REPORT MAILED:..................

BRITISH COLUMBIA CERTIFIED ASSAYER
Clarence Leong

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm
G-1	.1	2.2	3.0	36	<.1	3.5	4.1	514	1.88	<.5	2.9	1.3	3.9	81	<.1	<.1	.1	40	.59	.083	7	8	.55	223	.124	1	1.05	.151	.55	.1	<.01	4.7	.3	<.05	5	<.5
RH-L-6055	6.3	53.1	39.4	489	1.6	41.3	13.5	896	4.47	112.7	.2	1.1	.9	91	6.8	10.9	.3	35	1.38	.104	5	13	.67	41	.006	1	.72	.003	.05	.2	.10	4.6	.2	1.59	2	10.7
RH-L-6056	2.5	63.5	12.2	217	.3	107.9	31.0	6812	4.14	13.7	.2	1.0	1.0	48	.4	1.0	.2	52	.27	.073	6	58	1.27	167	.001	1	1.96	.004	.05	.1	.07	3.9	.2	.09	6	1.2
RH-L-6057	1.8	38.8	10.1	156	.1	97.5	25.9	1729	3.62	12.6	.1	1.8	1.0	31	.7	1.1	.1	47	.22	.097	6	64	1.30	92	.002	1	1.97	.003	.04	<.1	.05	3.3	.1	.06	5	1.1
RH-L-6058	6.1	50.8	37.5	383	1.2	40.6	12.7	937	4.23	112.2	.3	1.7	1.0	90	5.5	8.5	.5	35	1.32	.106	6	15	.69	48	.006	<1	.76	.004	.06	.2	.11	4.5	.2	1.37	2	9.6
0-129	1.8	161.9	14.7	102	.2	72.0	23.9	858	3.59	7.7	1.1	3.4	1.1	60	.7	.5	.1	122	1.44	.139	12	102	1.82	83	.137	2	2.37	.014	.30	.1	.04	8.0	.2	.09	7	1.4
0-131	14.6	141.1	16.1	190	.3	239.3	41.0	7153	5.23	21.6	1.4	2.7	.5	59	5.1	.6	.1	134	1.10	.172	8	260	3.20	212	.058	2	2.61	.007	.10	.1	.05	4.8	.3	.09	8	2.3
0-133	1.7	73.1	17.0	91	.1	140.2	29.7	1054	5.04	7.3	.4	1.0	1.3	47	.3	.2	.1	139	1.07	.205	9	159	3.08	67	.123	<1	2.88	.007	.42	.1	.01	6.4	.3	<.05	9	<.5
0-137	2.1	178.2	102.4	226	.4	166.7	33.6	1657	4.87	23.9	.4	3.9	.9	78	2.1	.7	.1	126	1.27	.164	8	195	3.53	88	.156	3	2.71	.020	.20	.1	.04	6.5	.2	.07	8	1.6
0-139	1.4	314.8	80.9	447	.2	185.4	27.1	941	3.71	4.8	.5	2.8	.6	85	4.4	.6	.1	89	1.41	.133	8	140	2.80	66	.101	3	2.31	.008	.13	.1	.04	4.0	.1	.07	6	1.7
0-142	1.5	206.1	45.5	162	.3	128.0	26.7	1171	4.45	13.6	.6	3.5	1.1	79	1.5	.6	.1	109	1.24	.134	11	117	2.46	150	.235	5	2.35	.034	.15	.1	.05	7.6	.1	.07	7	1.8
0-144	1.2	159.6	36.7	138	.2	116.6	24.8	862	3.85	9.7	.4	1.7	.8	60	1.2	.5	.1	98	1.07	.125	7	105	2.36	76	.128	4	2.01	.011	.12	.1	.04	5.6	.1	<.05	6	1.2
0-149	2.3	146.0	12.0	57	.2	158.9	28.0	1154	4.10	2.4	.4	10.1	1.0	309	.1	.4	.1	128	4.92	.107	11	164	2.76	653	.034	5	2.45	.007	.07	.1	.03	12.9	.1	<.05	7	1.6
0-151	.9	59.3	6.7	62	<.1	74.2	21.6	957	3.81	4.4	.4	3.5	1.3	67	.2	.3	.1	87	1.63	.104	10	81	1.93	250	.134	3	1.64	.015	.09	.1	.03	7.7	<.1	<.05	5	<.5
0-152	1.5	74.1	10.2	95	<.1	59.4	20.3	1122	4.51	6.2	.5	7.8	2.0	130	.3	.5	.1	102	1.45	.097	16	59	1.61	337	.173	4	1.32	.016	.09	.1	.05	6.9	.1	<.05	5	.6
0-153	1.7	36.0	9.4	100	.1	51.4	17.7	2289	3.68	9.2	.5	1.9	1.1	135	.6	.7	.1	58	1.23	.095	16	35	1.14	444	.128	5	1.60	.020	.09	.1	.06	5.0	.1	.09	5	.6
0-156	4.0	69.8	6.8	183	.3	47.4	19.0	3024	4.21	110.3	2.3	4.4	.8	19	1.3	1.5	.1	46	.68	.169	19	22	1.46	148	.006	2	2.05	.004	.05	<.1	.07	6.5	.1	.06	5	2.2
0-159	2.7	277.2	5.7	87	.1	27.2	28.1	1357	4.68	16.9	.8	14.8	.7	25	.3	.8	.4	75	.88	.140	21	18	1.11	145	.010	3	2.10	.007	.06	<.1	.09	7.7	.1	.11	6	7.0
0-162	1.9	62.3	5.3	167	.2	42.8	17.3	1100	4.20	17.1	2.2	5.3	.5	38	.5	.9	.1	55	1.36	.129	14	32	.99	193	.050	3	1.74	.009	.06	.1	.08	6.0	<.1	.16	6	3.9
0-170	2.0	82.9	6.3	180	.2	43.3	19.5	1316	4.99	21.1	2.5	5.8	.7	51	.7	.7	.1	67	1.24	.122	17	44	1.29	203	.055	3	1.97	.010	.04	.1	.12	7.6	.1	.15	6	3.6
0-174	6.0	67.2	5.5	122	.2	72.6	19.8	2034	4.48	24.1	1.8	5.6	.8	36	.7	1.6	.1	63	1.85	.110	11	42	1.31	180	.042	1	1.53	.005	.05	.1	.09	6.4	.1	.08	5	3.3
0-176	1.2	47.9	4.3	75	<.1	40.9	19.5	1221	4.58	13.6	.6	7.9	.8	39	.2	.8	.1	67	1.48	.080	9	43	1.51	155	.042	1	1.64	.005	.06	.1	.05	6.7	<.1	<.05	5	.7
0-179	.9	52.8	6.3	68	.1	49.4	22.2	1018	4.11	12.2	.4	11.2	1.1	43	.2	.7	.1	83	1.65	.099	9	60	1.82	153	.058	3	2.01	.008	.11	.1	.04	7.8	.1	<.05	6	<.5
0-181	3.4	63.5	5.6	77	.2	53.8	21.9	898	4.38	32.9	.5	4.1	.8	27	.2	1.3	.1	55	.80	.100	10	44	1.57	115	.023	2	1.74	.004	.05	<.1	.04	6.2	<.1	.07	5	1.2
0-183	7.4	54.8	37.0	535	1.8	36.5	11.5	960	4.32	104.2	.3	2.1	1.0	76	7.4	11.5	.3	33	1.31	.122	6	8	.57	59	.006	1	.68	.004	.06	.1	.12	4.4	.3	1.45	2	10.5
0-184	2.8	62.4	13.3	281	.4	115.6	28.0	1367	4.61	33.0	.2	1.8	1.3	49	2.0	3.1	.2	42	.38	.105	6	51	1.11	73	.003	1	1.67	.005	.05	<.1	.11	4.3	.2	.29	4	2.8
0-185	1.6	50.1	17.8	149	.3	92.9	18.0	767	3.77	21.9	.2	<.5	1.6	48	.8	3.2	.1	31	.34	.103	5	41	.89	99	.002	1	1.32	.004	.04	<.1	.11	3.9	.1	.24	3	1.4
RE 0-185	1.8	53.1	17.1	158	.3	95.6	19.6	798	3.98	22.6	.2	<.5	1.6	49	.6	3.3	.2	31	.35	.100	5	40	.87	100	.001	1	1.26	.005	.04	<.1	.10	3.9	.1	.21	3	.8
0-186	1.4	37.7	8.7	113	.2	91.0	15.7	730	3.40	12.8	.1	.7	1.1	35	.3	1.5	.1	39	.34	.094	6	55	1.10	68	.002	2	1.51	.004	.04	<.1	.05	3.3	.1	.10	4	.6
0-187	1.9	47.4	11.2	147	.3	97.3	20.1	889	3.66	18.4	.2	1.3	1.1	41	.7	2.1	.1	40	.36	.108	7	54	1.10	89	.003	1	1.57	.010	.05	<.1	.09	3.7	.1	.22	4	1.1
0-188	1.7	48.4	8.0	148	.2	113.6	19.5	842	4.01	13.3	.1	<.5	1.0	31	.5	1.1	.1	45	.32	.110	8	67	1.42	70	.004	1	2.00	.005	.04	<.1	.06	3.6	.1	.10	5	.5
0-189	1.6	54.5	9.7	144	.2	108.5	21.3	1030	3.67	13.9	.1	.6	1.1	44	.5	1.5	.1	42	.26	.099	6	63	1.29	77	.003	1	1.80	.005	.05	<.1	.06	3.6	.1	.07	4	1.1
0-190	1.6	58.5	9.6	167	.3	115.8	26.3	1140	4.20	14.8	.2	.9	1.1	27	.5	1.1	.1	55	.29	.113	10	73	1.58	82	.008	2	2.20	.007	.05	.1	.07	4.6	.1	.08	6	1.2
0-192	2.1	49.0	14.1	164	.3	95.7	22.0	1030	3.98	23.0	.2	2.0	1.2	41	1.1	1.9	.1	45	.38	.112	10	59	1.24	94	.005	1	1.80	.006	.05	.1	.07	3.9	.1	.15	5	1.5
0-194	2.1	59.1	9.8	149	.3	108.5	24.6	1004	3.93	12.9	.2	.9	1.0	42	.6	1.1	.1	49	.27	.089	5	69	1.45	98	.002	1	2.08	.006	.06	<.1	.06	3.9	.1	.13	5	1.1
STANDARD DS7	20.4	110.1	70.6	411	.9	56.1	9.5	625	2.38	49.0	4.8	64.5	4.3	69	6.2	5.9	4.6	84	.91	.080	12	165	1.05	363	.117	39	.96	.076	.44	3.7	.20	2.4	4.1	.19	5	3.3

Sample type: SILT SS80 60C. Samples beginning 'RE' are Reruns and 'RRE' are Reject Reruns.

Data FA

SAMPLE#	Mo ppm	Cu ppm	Pb ppm	Zn ppm	Ag ppm	Ni ppm	Co ppm	Mn ppm	Fe %	As ppm	U ppm	Au ppb	Th ppm	Sr ppm	Cd ppm	Sb ppm	Bi ppm	V ppm	Ca %	P %	La ppm	Cr ppm	Mg %	Ba ppm	Ti %	B ppm	Al %	Na %	K %	W ppm	Hg ppm	Sc ppm	Tl ppm	S %	Ga ppm	Se ppm
G-1	.1	2.6	2.9	38	<.1	3.2	3.8	487	1.86	<.5	2.6	1.2	3.8	70	<.1	<.1	.1	39	.58	.089	8	6	.50	199	.120	<1	1.02	.164	.53	<.1	<.01	3.8	.3	<.05	5	.5
0-196	2.3	61.0	10.8	144	.2	118.8	25.9	1059	3.94	14.0	.1	.6	1.1	43	.6	1.2	.1	45	.26	.101	7	67	1.37	99	.001	<1	1.86	.005	.06	<.1	.06	3.6	.1	<.05	5	1.2
0-198	1.8	60.3	10.7	165	.3	105.5	23.1	984	3.98	15.7	.2	1.1	1.0	31	.8	1.5	.1	49	.26	.104	6	59	1.28	70	.004	1	1.69	.005	.05	<.1	.08	3.8	.1	.15	5	2.2
0-201	3.7	55.9	21.5	266	.7	72.9	18.3	948	4.70	75.7	.2	<.5	1.2	30	3.2	4.4	.2	44	.28	.112	6	29	.77	96	.007	1	1.22	.005	.06	<.1	.08	4.5	.2	.50	3	6.0
STANDARD DS7	20.5	106.9	69.3	404	.9	56.0	9.5	614	2.32	47.6	4.8	60.7	4.4	68	6.3	5.6	4.2	84	.91	.078	12	170	1.02	370	.120	38	.95	.072	.44	3.7	.20	2.4	4.2	.19	5	3.9

Sample type: SILT SS80 60C.

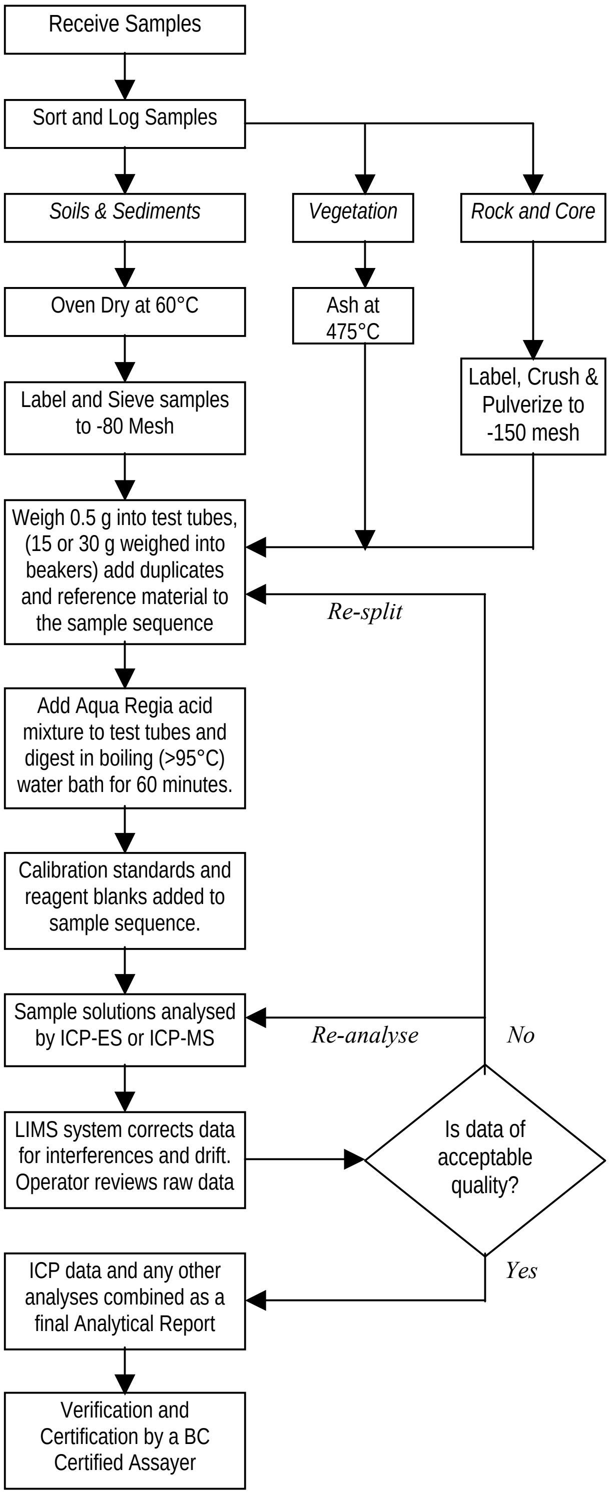
Data___ FA ____

APPENDIX B: ANALYTICAL PROCEDURES

ACME
ANALYTICAL LABORATORIES LTD.
ISO 9001:2000
FM 63007
Vancouver 2003

METHODS AND SPECIFICATIONS FOR ANALYTICAL PACKAGE
GROUP 1D & 1DX – ICP & ICP-MS ANALYSIS – AQUA REGIA

Analytical Process



Comments

Sample Preparation

All samples are dried at 60°C. Soil and sediment are sieved to -80 mesh (-177 µm). Moss-mats are disaggregated then sieved to yield -80 mesh sediment. Vegetation is pulverized or ashed (475°C). Rock and drill core is jaw crushed to 70% passing 10 mesh (2 mm), a 250 g riffle split is then pulverized to 95% passing 150 mesh (100 µm) in a mild-steel ring-and-puck mill. Pulp splits of 0.5 g are weighed into test tubes, 15 and 30 g splits are weighed into beakers.

Sample Digestion

A modified Aqua Regia solution of equal parts concentrated ACS grade HCl and HNO_3 and de-mineralised H_2O is added to each sample to leach for one hour in a hot water bath (>95°C). After cooling the solution is made up to final volume with 5% HCl. Sample weight to solution volume is 1 g per 20 mL.

Sample Analysis

Group 1D: solutions aspirated into a Jarrel Ash AtomComp 800 or 975 ICP or Spectro Ciros Vision emission spectrometer are analysed for 30 elements: Ag, Al, As, Au, B, Ba, Bi, Ca, Cd, Co, Cr, Cu, Fe, K, La, Mg, Mn, Mo, Na, Ni, P, Pb, Sb, Sr, Th, Ti, U, V, W, Zn.

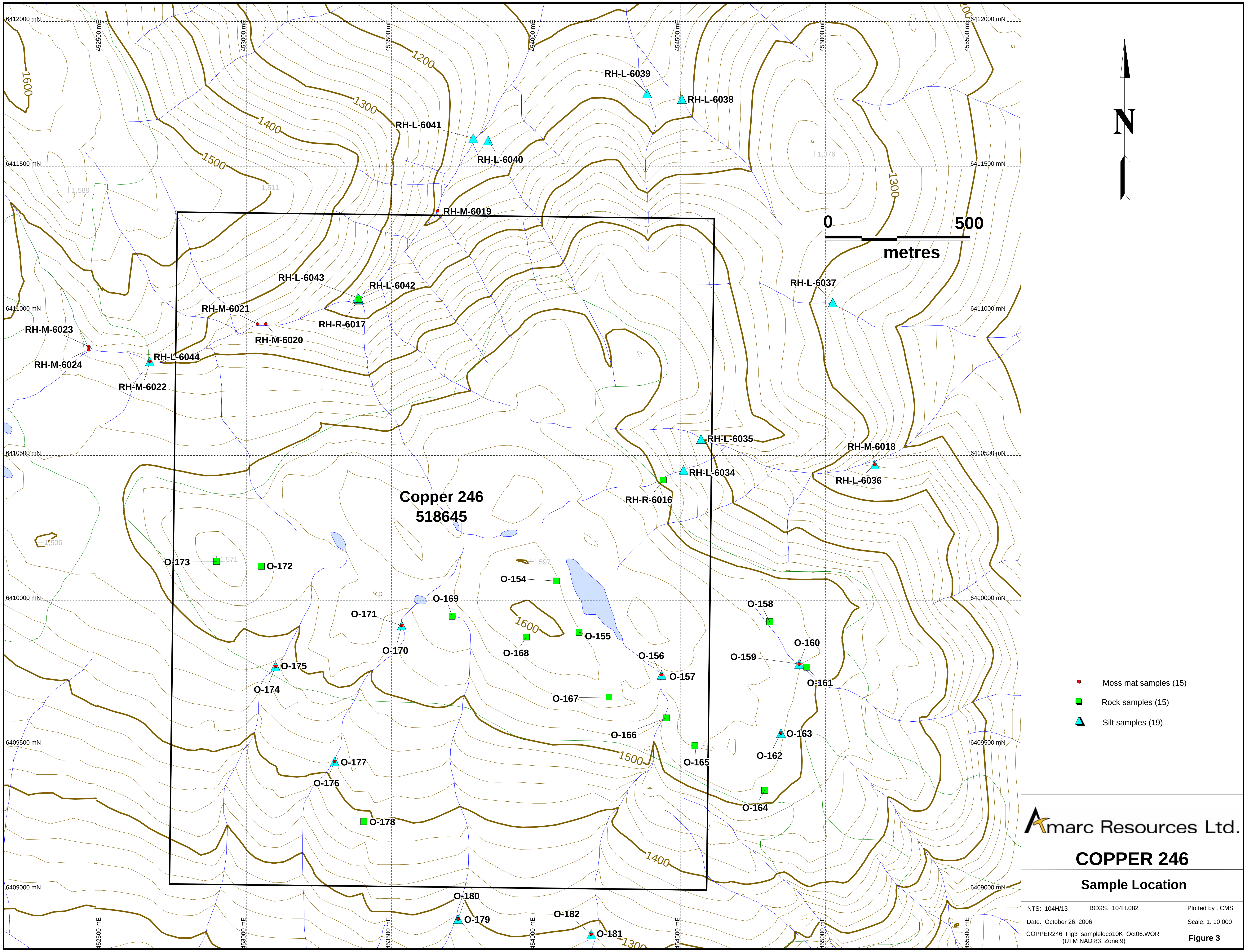
Group 1DX: solutions aspirated into a Perkin Elmer Elan 6000/9000 ICP mass spectrometer are analysed for 36 elements: Ag, Al, As, Au, B, Ba, Bi, Ca, Cd, Co, Cr, Cu, Fe, *Ga*, *Hg*, K, La, Mg, Mn, Mo, Na, Ni, P, Pb, *S*, Sb, *Sc*, *Se, Tl*, Sr, Th, Ti, U, V, W, Zn.

Quality Control and Data Verification

An Analytical Batch (1 page) comprises 33 samples. QA/QC protocol incorporates a sample-prep blank (SI or G-1) carried through all stages of preparation and analysis as the first sample, a pulp duplicate to monitor analytical precision, a -10 mesh rejects duplicate to monitor sub-sampling variation (drill core only), two reagent blanks to measure background and aliquots of in-house Standard Reference Materials like STD DS6 to monitor accuracy.

Raw and final data undergo a final verification by a British Columbia Certified Assayer who signs the Analytical Report before it is released to the client. Chief Assayer is Clarence Leong, other certified assayers are Leo Arciaga, Marcus Lau, Ken Kwok and Jacky Wang.

Document: Method and Specifications for Group 1D&1DX.doc	Date: June 7, 2005	Revised By: T. Ferguson

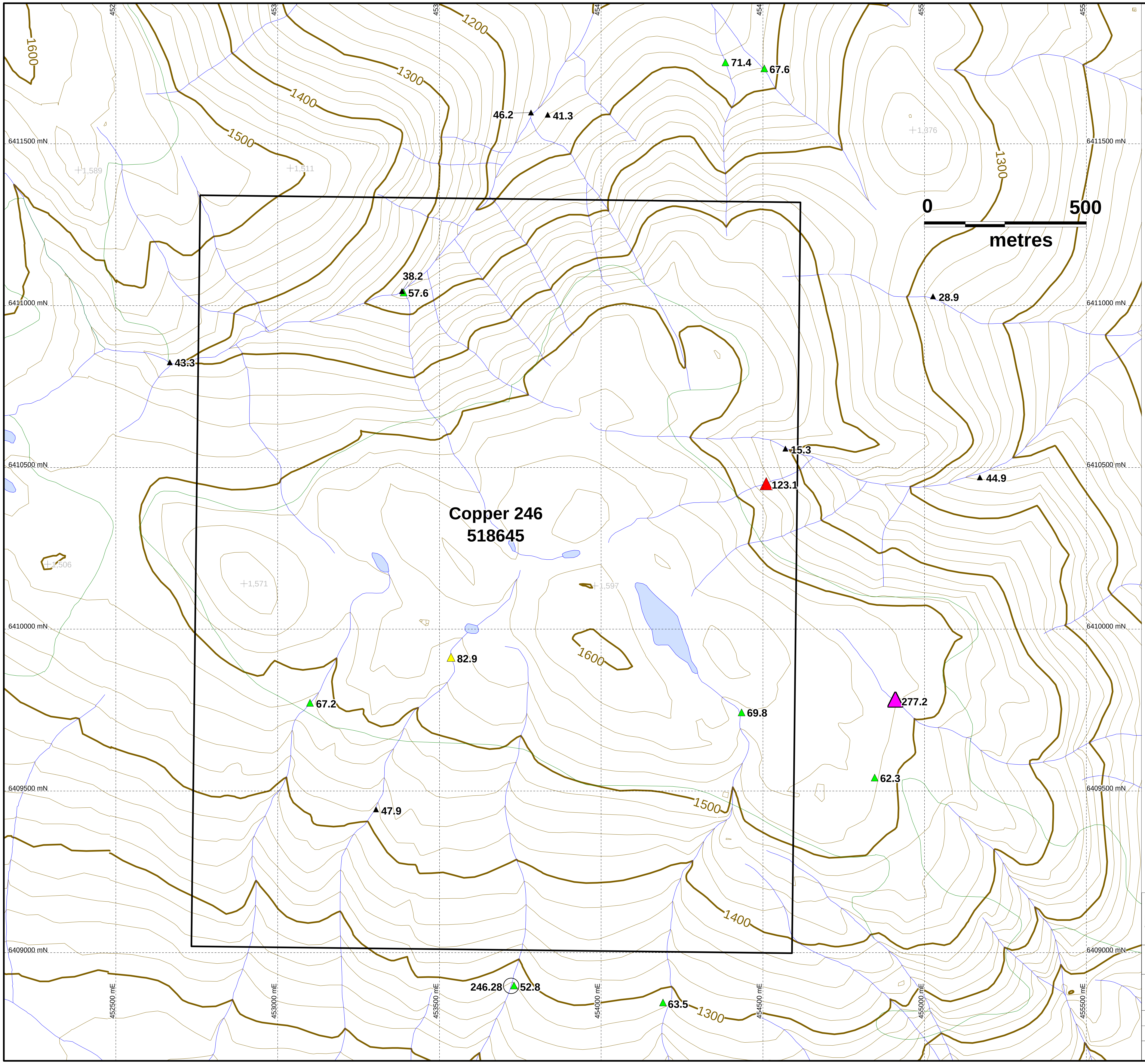


Amarc Resources Ltd.

COPPER 246

Sample Location

NTS: 104H/13	BCGS: 104H.082	Plotted by : CMS
Date: October 26, 2006		Scale: 1: 10 000
COPPER246_Fig3_sampleloco10K_Oct06.WOR (UTM NAD 83 Zone 9)		**Figure 3**



NOTE: Twinned RGS sample results:
RGS: 246.28 ppm Cu
Amarc: 52.8 ppm Cu

ppm Cu in Silt

- ▲ 200 to 278 (1)
- ▲ 100 to 200 (1)
- ▲ 75 to 100 (1)
- ▲ 50 to 75 (8)
- ▲ 0 to 50 (8)

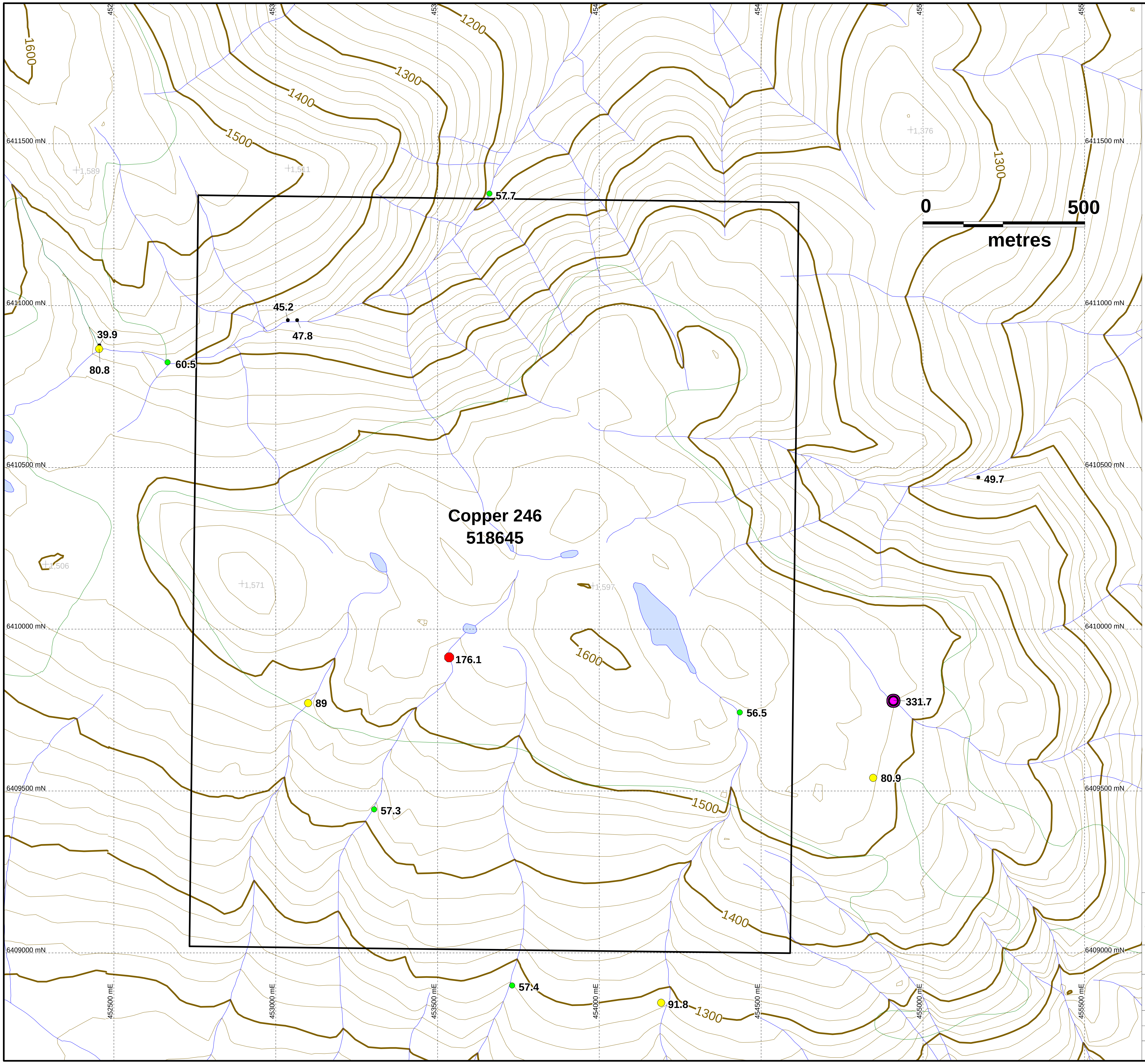
○ RGS Sample Location

Amarc Resources Ltd.

COPPER 246

Copper in Silt

NTS: 104H/13	BCGS: 104H.082	Plotted by : CMS
Date: October 26, 2006		Scale: 1: 10 000
COPPER246_Fig4_siltCu10K_Oct06.WOR (UTM NAD 83 Zone 9)		Figure 4



ppm Cu

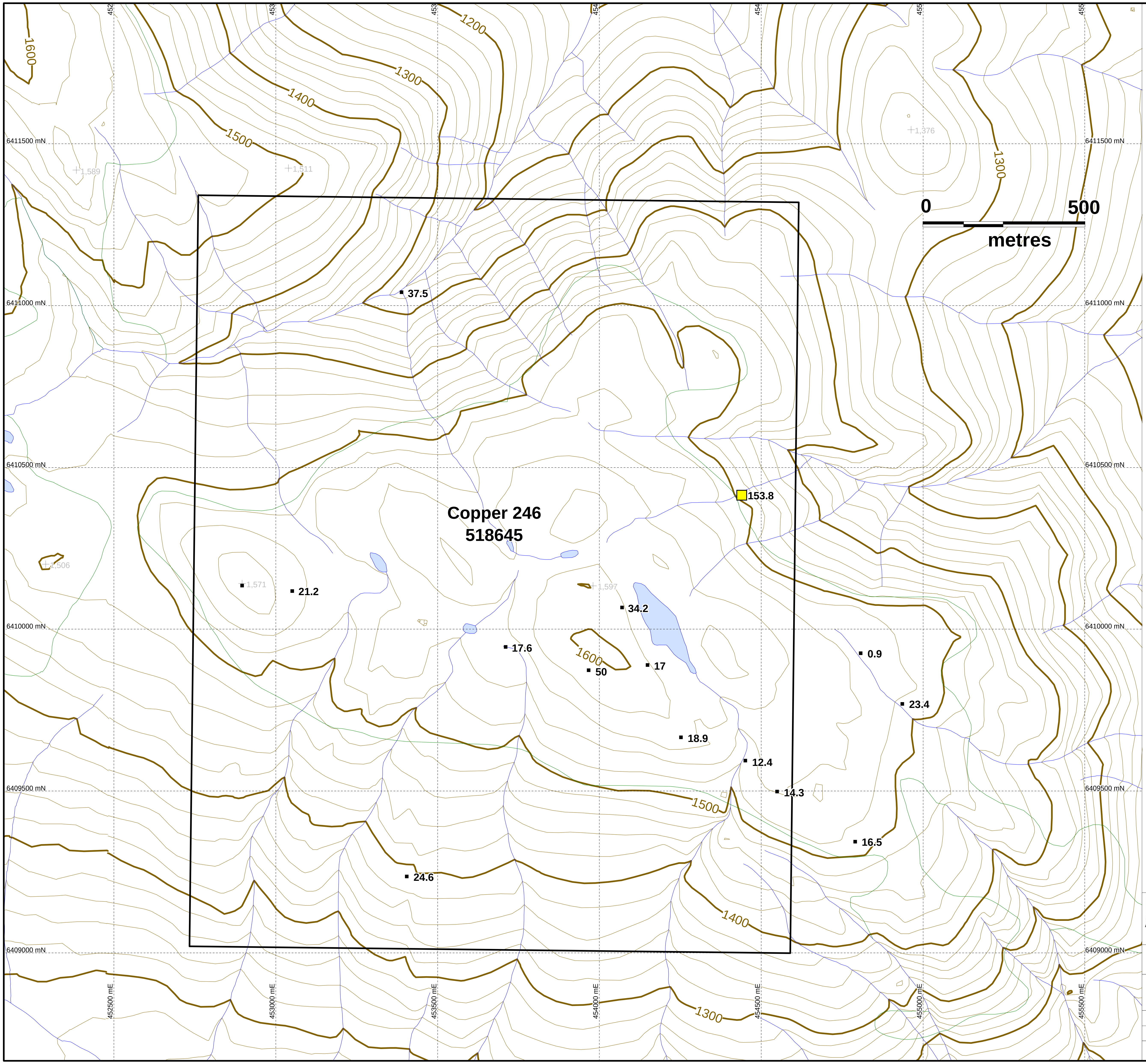
●	200 to 332 (1)
🟥	100 to 200 (1)
●	75 to 100 (4)
🟩	50 to 75 (5)
•	0 to 50 (4)

Amarc Resources Ltd.

COPPER 246

Copper in Moss Mats

NTS: 104H/13	BCGS: 104H.082	Plotted by : CMS
Date: October 26, 2006		Scale: 1: 10 000
COPPER246_Fig5_mossCu10K_Oct06.WOR (UTM NAD 83 Zone 9)		Figure 5



Amarc Resources Ltd.

COPPER 246

Copper in Rock

NTS: 104H/13	BCGS: 104H.082	Plotted by : CMS
Date: October 26, 2006		Scale: 1: 10 000
COPPER246_Fig6_rockCu10K_Oct06.WOR (UTM NAD 83 Zone 9)		**Figure 6**